

Project Title: “Reduction of malnourishment rate among 0-5 age group children”

Introduction:

Capuchin Krishik Seva Kendra ® is situated in Belthangady taluka working for marginalized Deprived Excluded & Vulnerable children, youth and women. The Project has been working for 15 under developed villages. There are altogether 31 Enrolled children under 0 - 5 age group. The project is taking utmost care in the development of these children. The Project has given training on best child care practices to 100 mothers/ care givers. The Project has given training and support to and 59 HIV affected & infected children, but still there is greater need to support the families because these families are very poor & less knowledgeable to avail the medical & government facilities. Through the Anaganwady Quality Improvement Program the project has reached 569 children. It has helped the children to develop their motor skills and cognitive skills. In the project area there are 52 malnourished children are found through the project intervention, 41 are in normal grade, 11 3rd grade children reached up to 2nd grade. Still efforts are going on to bring them up to the normal level. The Project has given training under PD hearth program in 11 places. Thus under healthy & secure infant age group more attention is given to health status of the children to enable the children to grow healthy & enjoy the secure childhood. It could be noted that in this financial year there were no mother mortalities and no infant mortality.

The organized is glad to present before you all the interventions and the outcomes of the above project. CKSK and all the participants of the project remain always grateful to ChildFund India for the support and encouragement given to implement the project activities in the remote areas of Belthangady Taluka.




Areas of Interventions:

a) Awareness on breast feeding and colostrums feeding

Capuchin Krishik Seva Kendra (CKSK) organized breast feeding and colostrums feeding awareness programme in 10 places of belthangady taluka such as Suruli, Kuntalpalke, Indabettu, Halepete, guripalla, Malebettu, Narya, Vimukti, Pilichandikallu and ilantila. Ms. Alphonsamma, the resource person demonstrated with practical various ways of breast feeding babies and gave necessary information on baby care to them. The main objective is about the importance of colostrums feeding after delivery. Altogether 524 women participated and 53 are practicing breast feeding and colostrums feeding to the babies.

It was organised on 16th, 18th, 20th, 23rd, 25th of august, 14th, 21st of september, 4th of december 2013, 2nd janaury, 2nd, and march 2014.

Programme	Activity	Output	Outcome
Awareness on breast feeding and colostrums feeding	<ul style="list-style-type: none"> Information given on importance of colostrums feeding. Consumption of nutritious food. 	<ul style="list-style-type: none"> 524 women are participated Resource person given guidance on cleanliness during breast feeding, safety measures after delivery. 	<ul style="list-style-type: none"> 524 women are convinced on breast feeding and colostrums feeding. Among them 53 are practicing as they are all having recently born babies.

Activity photo	Paper report	Paper report
		

b).Training and demonstration on nutritious food:

The Organization conducted training and demonstration on nutritious food activity in 4 places, such as kolpady, perlabipady, padlady and Putrabailu. The main objective of the activity is how to prepare nutritious food from locally available resources. The coordinator gave training with practical session on nutritious food, its preparation and importance to human life. She also prepared recipe of ragi rotti, different types of salads, payasam, and vegetable juices. Various locally available vegetables, grams are brought and explained to the participants its nutrient contents and usefulness.

It was organised on 6th october, 14th 20th, 23rd december 2013.

Programme	Activity	Output	Outcome
Training demonstration on nutritious food	<ul style="list-style-type: none"> Information given on importance of nutritious food by using locally available recourses. Information is given in detail with demonstration on vitamins, minerals that are contained in various vegetables. 	<ul style="list-style-type: none"> 120 mothers participated and acquired knowledge on low cost food preparation. Also gave practical food preparation methods in daily basis. 	<ul style="list-style-type: none"> Altogether 8 children are found malnourished. Among them 6 children have moved to normal grade. 2 children are still improving.

Activity photo	Paper report	Paper report
		


c) PD Hearth session

CKSK conducted Positive Deviance Hearth approach in 10 places such as Kolpady, Madimallekatte, guripalla, Bajila, and Kallaje, Ujire, Akshaynagara, Pijinadka, Mayabelalu, adruperal . This is 12 days activity. The resource person Ms. Alphonssamma covered the following topics such as on the first day introduction and training on child growth chart, second day reason for malnourishment, precautions for malnourishment, third day Awareness on breast feeding, fourth day importance of immunization and discussed diseases like Measles, Diarrhoea etc, fifth day importance of sanitation, Sixth day safe drinking water and unclean drinking water, seventh and eighth day prenatal care, ninth

day child care and development, tenth day Family planning, Eleventh day about communicable diseases, twelfth day about skin diseases and evaluation.

It was organised on 30th september to 5th october, 7th to 9th , 18th to 19th ,23rd to 25th november, 21st december 2013.14th 18th 19th 23rd 26th june 2014 .


Programme	Activity	Output	Outcome
PD Hearth session	<ul style="list-style-type: none"> Information is given on practical food preparation and methods from locally available resources. 	<ul style="list-style-type: none"> 444 women are participated and gained knowledge. Resource person gave information on causes of malnourishment, importance of consumption mineral, vitamins, proteins in the form of food. 	<ul style="list-style-type: none"> Altogether 26 children are found malnourished. Among 22 children are moved out to normal grade. 4 children are still improving in their health status.

Activity photo	Paper report	Paper report
		

d) ANC and PNC training

The Organization conducted Antenatal care and postnatal care in 5 places such as Kolpady, Guruvaynakere, Ujire, and Kanyadi and kolli. The resource person covered various topics such as Physiological changes during pregnancy ,Weight gain ,Fresh air and sunshine, Rest and sleep , Diet, Daily activities, Exercises and relaxation ,Hygiene ,Bladder and bowel, Excessive bleeding, Fever with or without chills, Severe abdominal pain, Excessive tiredness or breathlessness, Painful breasts, cracked, bleeding nipples etc. Altogether 384 women participated and gained knowledge. It was organised on 27th 29th july,17th ,18th ,february,9th march 2013.

Programme	Activity	Output	Outcome
ANC and PNC training	<ul style="list-style-type: none"> Information given on Antenatal care and postnatal care which includes the safety measures during pregnancy and after delivery. 	<ul style="list-style-type: none"> 384 women are participated Resource person trained the participants especially to pregnant women about their physical change, preventative measures, and nutritious food intake at this stage. 	<ul style="list-style-type: none"> Among them 45 are practicing better child care methods like immunization against the diseases, water, sanitation, hygiene, Breastfeeding.


Program photo	paper report	paper report
		

e) Training to adapt family planning

CKSK organized training to adapt family planning in 3 places such as ujire, Guruvaynkere and savanalu. The resource person covered various topics like some guidelines before using birth control, the couple's overall health status, planning for children, possible side effects, and comfort level with using the method. The various Birth control methods are like Anatomy, birth control pill, contraceptive ring, spermicides, and Barrier methods of birth control. 100 members participated in this training session and they raised many doubts and they were clarified by the resource person satisfactorily.

It was organised on 30th -31st august, 22nd november 2013

Programme	Activity	Output	Outcome
Adapt Family Planning	<ul style="list-style-type: none"> Information given on family planning method. 	<ul style="list-style-type: none"> 100 members are participated. Resource person gave information on family planning methods, types of treatments that are used for family planning method; they are Abstinence, Calendar method, Basal body temperature, Cervical Mucus, Coitus Interrupts, Physical Barriers, Surgical Method, Condoms 	<ul style="list-style-type: none"> Altogether 15 couples are practicing family planning methods such as birth control pill, Anatomy and they convinced to keep at least 3 years of gap from 1st child to 2nd child.


Activity photo	paper report	Activity photo
		

f) Training to mothers on child care and practice

The Organization conducted programme on Child care and practice training in 4 places Guttinabailu, Gerukatte, Adarshanagara and at vimukti office. The coordinator shared the information on the importance child care and parent's role in the life of the child, physical development of child like nutritious food consuming methods, child rearing methods, child parent communication, providing emotional psychological support, motivating developing activities of the children etc. The resource person also motivated the participant's equal role of mother and father in child care practices. Both parents have equal role and responsibility towards the child, both of them should understand and nurture the child. There are no set duties. Both have to involve and show care and concern in each moment of child's development.

It was organised on 22nd october, 20th december, 19th janaury, 22nd november 2013.

Programme	Activity	Output	Outcome
Child care and practice	<ul style="list-style-type: none"> Information given on child care methods developmental milestones. 	<ul style="list-style-type: none"> 82 members have participated. Resource person gave training on physical development, psychological developments and their impact. 	<ul style="list-style-type: none"> All the participants are convinced to practice the best child care methods.

Activity photo	paper report	Activity photo
		

g) Training on parental skills

The Organization conducted the training on parents skills in 15 places such as guripalla,ujire,kayarthadka,kakkena,nada,kolpady,kashibettu,kallaje,navura,bedrabettu,ujire,kalenja, bangady,killur and at vimukti office. The resource person shared the importance of parental support to build self confident, and grow emotionally stable, improving communication skill to deal effectively with the children, developing problem solving skills, emotional, psychological support, supporting developmental activities etc. there were 918 participants who got benefits from this training.

It was organized on 23rd, 27th 31st of November, 15th 13th, 23rd, 30th of December 2013, 21st of January, 13th, 15th, 17th, 18th, 27th of February, 1st, 29th of March 2014.

Programme	Activity	Output	Outcome
Parenting skills training	<ul style="list-style-type: none"> • Training is given to parents to understand the parents' role and responsibility towards each child; about their importance in children life and their positive and negative impact on the child. 	<ul style="list-style-type: none"> • 918 members are participated in the parenting skills. • Resource person gave training on the responsibility of the parents and children fundamental rights. 	<ul style="list-style-type: none"> • All the participants are convinced to practice the parental skills that they have learnt in the training. They thanked the organization for organizing such training. They learnt many unknown things from the training.


Activity photo	paper report	paper report
		

h) National nutritious food preparation

CKSK conducted national nutritious food preparation programme in 10 places such as kukkav, guruvaynkere, nedigalle, gerukatte, ujire, madimalkatte, matahediya, mundaje, kaje and didupe. The coordinator gave information on various nutritious food consuming methods, cleanliness and hygiene during food preparation, vitamins, minerals, proteins must include in the daily food.

It was organized 6th 10th 12th 13th 17th 19th 27th 29th of September, 11th of November and 21st of December 2013

Programme	Activity	Output	Outcome
National nutritious food day	<ul style="list-style-type: none"> • Training given on importance of nutritious food preparation. • Importance of using locally available resources. 	<ul style="list-style-type: none"> • 402 members are participated in national nutritious food day. • Resource person gave training and Demonstration on locally available resources and its importance. 	<ul style="list-style-type: none"> • Altogether 18 children are found malnourished. • Among them 13 children are moved out to normal grade. • 5 children are still improving in their health status.


Program photo	Paper report	Paper report
		

i) Awareness on contagious diseases

The Organization conducted awareness on contagious diseases in 5 places Malebettu, Guripalla, Halepete, Bangadi and nada. The coordinator explained various diseases like malaria, dengue, typhoid, tuberculosis. Chikun Gunya, H1N1, Calera, skin related diseases and hygienic practices, diagnosis and treatment of diseases, precautionary measures such as Keep toilets and bathrooms clean and hygienic, changing rooms, and Cover garbage bins with lids, Towels should never be shared by the patients and other precautions that the both infected and not infected people should take cautiously are explained in simple language to the participants. They are also told the initial signs and indications of each disease by the resource person.

It was organized 3rd 10th 24th 29th of august 2013 and 19th June of 2014

Programme	Activity	Output	Outcome
Awareness on contagious diseases	<ul style="list-style-type: none"> • Training given on different types of communicable and non communicable diseases to the participants. 	<ul style="list-style-type: none"> • 180 participants got the information on the various contagious diseases. • Resource person explained in details all the initial signs and indications of each communicable disease. 	<ul style="list-style-type: none"> • Among 180 participants 5 are found with typhoid, 8 found with malaria and referred to the hospital for better treatment, and improved their health status.

Activity photo	paper report	paper report
		

j) Gynecological awareness

The Organization conducted gynecological awareness in 5 places such as Vimukti, Laila, Kalmanja, Ujire and malebettu. The Resource person Mrs. Gretta. Bachelor of Homeopathic Medicine & Surgery. (B.H.M.S). shared the information on breast cancer, cervix cancer, sugar, blood pressure, menstrual cycle, changes were found in old age, diagnosis and treatment of diseases, precautionary measures such as Exercising and eating healthily food, Eating of 5 or more variety of fruits and vegetables each day, Choosing of whole grains instead of refined grain products, Limiting the consumption of meat etc are very important to keep oneself healthy.

It was organized 21st January, 9th, 6th 23rd of February, and 9th of March 2014

Programme	Activity	Output	Outcome
Gynecologic al awareness	<ul style="list-style-type: none"> • Training given on different types of women's diseases to the participants. • The participants asked various doubts and clarified the same with the resource person. 	<ul style="list-style-type: none"> • 632 women are participated in this gynecological awareness. • Resource person gave awareness on breast cancer, cervix cancer, sugar, blood pressure, menstrual cycle etc. 	<ul style="list-style-type: none"> • Among 632 participants 50 women are suffering from BP, sugar, menopause etc are referred to further treatment.

Activity photo	Paper report	Activity photo
		

k) Nutritional support to DEV children

Capuchin Krishik Seva Kendra® organized nutritional support to DEV children at vimukti project office, the project manager; Fr.Vinod Mascarenhas distributed food grains the malnourished children. The resource person, Mrs. Mamatha explained and demonstrated various nutritional food consuming methods and its preparation. Then nutritious food Ragi powder, Ground nuts, Sesame Nutrimix powder and B-protein powder are distributed to TB and HIV and Malnourished. The Groundnuts contain 13 different vitamins (including Vitamin A, B, C and E) along with 26 essential trace minerals, including calcium, and iron, also contain zinc, Ragi helps increase the bone strength, control diabetics, reduce cholesterol it is a powerhouse of proteins and amino acids. It is also rich in health benefiting mineral like Calcium, Iron, Niacin, Thiamin and Riboflavin. Sesame seeds are incredibly rich sources of many essential minerals, Calcium, iron, manganese, zinc, magnesium, selenium. Many of these minerals have a vital role in bone mineralization, red blood cell production, enzyme synthesis, hormone production, as well as regulation of cardiac and skeletal muscle activities. It was organized on 5th and 20th June of 2014.

Programme	Activity	Output	Outcome
1. Nutritional support to DEV children 2. Providing low cost vitamins minerals to malnutrition children.	• Food was distributed to Dev children (ragi powder, ground nuts, sesame nutrimix powder, B-protein powder)	• 95 women participated. • Awareness talks on nutritious and healthy, consumption of food.	• Among them 65 are regularly consuming food and helped them to increase their nutritional status.




Activity photo	Activity photo	Activity photo
		

1) Supporting community Anganwadi

The Organization distributed food to community anganwady, suruli. The distributed items are jogary is rich in minerals, mainly iron with traces of other mineral salts, Digestive Agent, Cleansing Agent etc. Ragi is healthy benefiting mineral like Calcium, Iron, Niacin, Thiamin and Riboflavin. Sesame seeds are incredibly rich sources of many essential minerals, Calcium, iron, manganese, zinc, magnesium, selenium. There are 20 children who come to the community anganavadi, among them 5 are malnourished are making improvement in their health. The project continuously monitors the growth of these children. Since it is in the remote area of the Taluka these children need support. Hence with the support of the community, the project intervenes with these children to raise their nutritious status.

It was organized on 12th 3rd June 2014

Programme	Activity	Output	Outcome
Supporting community anganwadi	<ul style="list-style-type: none"> Food is distributed to Anganwadi (ragi powder, sesame jiggery, oil, ground nuts, nutrimix powder, rice, vegetables, B-protein powder). The Coordinator and animator regularly visits and do the follow up with malnourished children. 	<ul style="list-style-type: none"> 20 children are benefited who regularly monitored by the coordinator and animator. The Project also interacts with community to evaluate and to take necessary steps for the growth of the children. 	<ul style="list-style-type: none"> Among 20 children, 5 children are found malnourished. And among 5 children, 3 are moved to normal grade and 2 are still improving in their health status.

Paper report	Testimonial	Activity photo
	<p>Mr. Devappa, the president of the preschool committee says that 5 years back “CKSK has started preschool here since then all the children attend the preschool. Now we can see the changes in the children’s performance, in their growth etc. They are all happy and active in school activities due to the preschool facility which they enjoy”.</p> 	

Case study: At Suruli a preschool was started by the Organization through the ChildFund in the year 2009-10. Suruli is the remote area of Belthangady Taluka. The village has 60 families and 294 population. The main occupation of the people living this area is agriculture. Majority of the people live in this area are illiterate. Till the Organization started the preschool, the children of this area never attended the preschool education because they have to walk the distance of 5 km to Belal or Kolpady for the preschool.



Mrs. Leelavathi, the teacher and the secretary of the committee Says, “I am very lucky enough that I have lot of children and I am taking care of these as my own and trying my level best to improve their mental ability along with their education and health. From the starting till now in every batch we have 20-25 children in the preschool. Till this year nearly 202 children attended the preschool education. Since 5 years onwards we do not have any malnourished children here and children enjoy the day by learning new things and by playing with their peer group.”



Mr. Narayanappa father of a child opinions that, initially children will have little difficult to adjust in the school but they are able to overcome their fear and insecure feelings through the preschools and now we do not have to worry about them because now they are getting very good training and confident enough, where our other elder children had difficulties”.



This year they have 25 children in the preschool. Through the ChildFund, community and Panachayat 3 years before a new building was constructed and moved children from the old rented building. This year the community and parents of the children together are constructing a cooking room to prepare nutritional food for the children. At Anganavady they have one children club and 9 enrolled children who participate in the club and they meet every week for their meeting.



Through this Anganavady, parents and guardians receive many programs and trainings such as P.D Hearth, training to pregnant, contagious diseases etc and they are conducting Anganavady committee meetings. They organize annual day celebration with the help of local stake holders and community.

The teacher will get 1650/- and helper will get 825/- as salary and this is collected and given by the parents and community. They need more or less 2500/- per month for the food for children. The Organization provides rice, green piece, ground nut, green gram, sesame, milk, raagi, bengol gram (chana) etc. Till 2 years the organization used to provide the salary to the teacher and the helper and after that the Anganavady was handed over to the community. By lot of struggles and love the parents and the community of Suruli are working for the betterment of the Anganavady. Although they are trying to handover the centre to the government and given an appeal last year, nobody has taken

necessary actions towards this. So they are planning to give another appeal to the educational department this year also. But if they do not get the help from the department also, they decided to continue the centre in future.



As Mr. Sathish father of an ex child opinions, through this centre we have blessed a lot. This is started only before 5 years back. Before that our children did not had this opportunity and they are directly admitted to the primary education where they had many difficulties. They even were unable to recognize alphabets and are also facing the problem in their lower primary education. We sincerely thank CKSK & ChildFund for this great opportunity”.

They all remember and thank the organization and the ChidFund for this immense help towards their community.

m)Malnourishment among 0-5 children due to sickness of parents (financial assistance)

The Organization gave financial assistance to 5 children namely Manasa, Prajwith, Prapthi, Fathimath zohara and Samrudh who are suffering different types of health problems. Since they belong to poor families are unable to receive any medication, hence the Organization supported these deprived children. Among them Manasa was supported for house repair because their parents do not have a decent house to live. It is organized in vimukti project office.

It was organized on 05th June of 2014

Programme	Activity	Output	Outcome
Malnourishment among 0-5 children due to sickness of parents (financial assistance)	<ul style="list-style-type: none"> Financial assistance is given to 5 children. Per head rupees 5000/- is distributed . 	<ul style="list-style-type: none"> 5 children namely Manasa, Prajwith, Prapthi, Fathimath zohara, Samrudh benefited from financial support given by the Project. 	<ul style="list-style-type: none"> After receiving the amount of Rs.5000/- Manasa family members have repaired the house and children are happy and thankful for ChildFund for the support. Prapthi had ear problem and the amount used for treatment. Now she can hear. Samrudh mother died and his family members are using the amount for food purpose. Prajwith family members using for repair house. Fathimath zohara by birth had leg pain the amount is used to buy the special shoes and feels little comfortable.



Activity photo	Activity photo	Activity photo
		

n) Supporting Government anganwadi to grow nutritious vegetables

The Organization distributed fruit plants such as Chiku, sapota which contains rich dietary fiber, Fibers in ripe, natural antioxidant properties, Vitamin C natural medicinal property is useful for maintaining healthy and shining skin texture. Guavas plant Good for diabetics, The fruit also has healthy amount of nutrients like calcium, iron, potassium and Vitamin C, Helps increase hemoglobin count. vegetable seeds contain 13 different vitamins (including Vitamin A, B, C, D and E) along with 26 essential trace minerals, including calcium, and iron, also contain zinc, good for protecting brain function, and boron, which helps to maintain strong bones. And play materials is distributed to 7 remote Government anganwadies.

It was organized on 12th June 2014.

Programme	Activity	Output	Outcome
Supporting government anganwadi (to grow nutritious vegetables and distribution of play materials)	<ul style="list-style-type: none"> • 7 types of vegetable seeds are distributed to the Government anganawadis to support deprived children for the development of nutrients of the children. • 2 types of fruit plant distribution(Kolpady,Mayabelal,ujire,Akshynagar,Kallaje,Navoora,Guruvaynekere,Piinadka,Perlabipady,Hodikkaru,Nada,Shlethadka,Belthangady,Girijakoloni,Kuntalpalke,Chamundinagara,Kadirudyavara) • For 7 anganwadies play material is distributed to Putrabailu, Kallaje, Bangady, Suruli, Kadirudyavara, Killur, and Navoora. 	<ul style="list-style-type: none"> • 17 Government anganwadies have benefited. • 3 anganwadies have sown seeds to grow and planted fruit plant. • Rest of the Anganawadis will sow the seeds once the rain subsides. 	<ul style="list-style-type: none"> • Among 17 anganawadis, 3 anganwadies have sown seeds to grow and planted fruit plant. • Due to heavy rain other anganwadies are yet to sow the seeds.




Activity photo	Testimonial	Implementation photo
	<p>Mrs. Aruna working in Belthangady church road Anganwadi since 10 years. she says that every year she has 20-25 children, this year she have 24 children, among them 2 are malnourished. She is very happy to receive vegetable seeds and fruit plant for the Anganawadi. They have planted 2 fruit plants They sowed vegetable seeds but because of the heavy rain only few seeds have sprouted. She says it is very nice to see the project working for the betterment of the poor children. She thanks the Organization and ChildFund for the support.</p>	

o) Awareness to pregnant women

The Organization conducted awareness to pregnant women in 5 places viz., Odikar navoor, Guruvaynkere, Suruli, Kolpady and Koyanagara. The topics covered by the coordinator are Early recognition of danger, signs in pregnancy and post delivery, birth preparedness and complication readiness, Self care including nutrition and high standard of hygiene, Information on the role of the father, the male partner and the family. Altogether 32 women participated in this awareness programme. These participants raised several questions and got fitting answers. The resource person explained in detail various dangers and indications to be aware and other precautions that pregnant mothers need to take.

It was organized on 14th, 19th, 18th, 23rd, and 26th of June 2014

Programme	Activity	Output	Outcome
Awareness to pregnant women.	<ul style="list-style-type: none"> Information is given on Antenatal care and postnatal care which includes the safety measures during pregnancy & delivery. Pregnant women are also well informed about the possible dangers involved and possible indications and signs of the same explained to them. 	<ul style="list-style-type: none"> 32 pregnant women are well informed about the necessary precaution one should take. All these 32 pregnant women are mentally well prepared to face the delivery. 	<ul style="list-style-type: none"> Among 32 pregnant women 10 normal delivery, 5 cesarean cases, 17 are still pregnant and healthy.

Activity photo	Paper report	Paper report
		


p) Training to ASHA on PD Hearth:

CKSK organized is one day programme at office to the Asha workers. The resource person Ms. Alphonsamma explained in detail on the PD hearth process. First she gave introduction to PD Hearth then she spoke about malnourishment, precautions for malnourishment, breast feeding, discussed

diseases like Measles, Diarrhoea, prenatal care, child care and development, about communicable diseases, precaution measures and evaluation. The participants were highly appreciative of the PD hearth process that is explained to them. They all assured to the Organization that they will follow and implement in the areas where they work. There were 43 ASHA workers who participated in the training.

The project manager Fr.Vinod Mascarenhas also interacted with Asha workers by explaining to them the history of PD hearth process. He requested the Asha workers to pay little more attention to the eating habits of the families whenever they pay visit to the houses, motivate the parents to cook the food with much care and love. He asked them to continue the same support that they have been giving to the Organization. If we continue and build our network really we can work and can see better improvement in the areas of health of poor children, pregnant mothers etc. For which all the Asha workers agreed and assured their support in eradicating malnourishment, unhealthy families etc. It was organized on 27th of June 2014


Programme	Activity	Output	Outcome
Training to ASHA workers on PD Hearth process.	<ul style="list-style-type: none">• Information given on Nutritious food preparation methods, pregnancy care etc.• During the Stage programme Project Manager interacted with Asha workers and convinced the Asha workers the importance of PD hearth implementation in the project areas.	<ul style="list-style-type: none">• 43 ASHA workers are trained in PD hearth process. Resource person gave information on necessary care during the pregnancy, food consuming methods, food preparation methods from locally available resources etc.• Project manager convinced the Asha workers about the importance of the PD hearth process implementation.	<ul style="list-style-type: none">• 43 Asha workers learnt about the implementation of PD hearth process.• Asha workers are convinced about necessity of PD hearth process implementation. They assured to the Organization that they will support the project in the implementation of PD hearth process in the areas, where malnourishment is more prevalent.

Activity photo	Paper report	Activity photo
		

q) Child Resource Centre: CRC

CKSK constructed Child Resource Centre. It includes many games such as swinging, seesaw, valley ball, throw ball, shettletbatminton, and cricket. Indoor games like chess, ludo and carom. It has Library facility to children to learn and develop their knowledge. It helps them to improve the computer skills, recreation to children etc. Children come on Saturdays, Sundays and public holidays and organize club meeting and play, read and enjoy their leisure time as best as possible. It was constructed in month of June 2014.

Programme	Activity	Output	Outcome
Child Resource Centre	<ul style="list-style-type: none"> Child resource center is constructed with service of mesons. Children weekends come and use this centre and enjoy their leisure time. 	<ul style="list-style-type: none"> Organizing activities like training on leadership, awareness on child rights, songs. Children play, dance, read and spend time meaningfully. 	<ul style="list-style-type: none"> 150 children are benefiting from the resource center. They are playing cricket, throw ball, volley ball, ludo game, chess, Chinese checker and also refer the library books and enhance their knowledge. They are also making use of computer and improve their computer knowledge.

CRC photo	Activity photo	CRC activity photo
		

r) Staff exposure on Disability Management

The Organization staff went to St.Agne's Special School, Mangalore to learn about the Disability Management and ways and means to detect and refer to the various agencies for rehabilitation. The staff members listened attentively to the resources person, Sr.Shruthi. Sr.Shruthi explained in detail the causes of the disability and also precautions to avoid possible disability. She also explained in details how to manage the disability. After that she took all the staff members to the various class rooms where children are taught various life skills to develop one's own personality. Then she took us various vocational trainings that are conducted to the special children to earn their daily bread. Disability is the consequence of an impairment that may be due to physical, cognitive, mental, sensory, emotional, developmental, or some combination of these. A disability may be present from birth, or occur during a person's lifetime. There are categories such as Mild disability IQ 50 to 70 Slower than typical in all developmental areas. Moderate disability IQ 35 to 49 Noticeable developmental delays (i.e. speech, motor skills). Severe disability IQ 20 to 34 Considerable delays in development Understands speech, but little ability to communicate, profound disability IQ less than 20 significant developmental delays in all areas. All the staff members asked several questions and the resource person sr.shruti explained in details with practical examples.

It is organized on 6th of June 2014

Program	Activity	Output	Outcome
Staff exposure on Disability Management	<ul style="list-style-type: none"> • 20 staff members are trained on disability management and early detection of the same. • All the staff members visited St.Agne's special school at Mangalore. • Sr.Shruthi explained in detail various causes of disability. Staff members interacted with special children and visited vocational training of the special children. 	<ul style="list-style-type: none"> • Introduction on disability, types of disability, visit to disable children. • Staff members enhanced their knowledge on disability management and detection. 	<ul style="list-style-type: none"> • All the 20 staff members learnt about the ways and means to detect the disability. • It is helpful to do referrals especially those children who are affected with various types of disabilities and to rehabilitate them in various centers. • 25 children were detected on disability and referred to various care centers.

Activity photo	Paper report	Activity photo
		

Conclusion:

Capuchin Krishik Seva Kendra along with all the stake holders are grateful to ChildFund India without whose support and constant guidance, the project would not have been so successful one. Child Fund's support made possible us to reach out the most deprived, excluded and vulnerable children such as malnourished, HIV infected, affected, children infected with TB and special children. The project has created impact on lives of all these deprived children and the above project outcomes bear testimony for the success it has achieved. The Organization and all the participants of the project always remain indebted to the support rendered by ChildFund India.
