

ANNUAL REPORT

2023 - 2024



Vimukti Charitable Trust (R)
Jeenur Road Pothnal,
Manvi Taluk, Raichur Dist

VIMUKTI CHARITABLE TRUST ®

BK/IV/39/2000-01

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Ph. 080 233377790/23470178 Fax: 080-23474342**email: vctpothnal@gmail.com, www.capuchinvimukti.com****ANNUAL REPORT 2023-2024****I. Introduction:**

Dear Friends,

On behalf of VIMUKTI CHARITABLE TRUST® (VCT) it is indeed my privilege to present this annual report of VCT ending March 31, 2023. This financial year was certainly one of the most challenging years for VCT. For nearly fifteen years, VCT kept growing from strength to strength, increasing the scope, coverage and impact of its Community Driven Development Programs with every passing year. Starting its operations in Pothnal in 2009 with a handful of people with nothing but an unflinching determination to serve the socially and economically poor and marginalised people irrespective of their caste, class and creed. At VCT, we remain committed to reaching out to the most backward and marginalized communities; providing access to child rights-based support to education, health, nutrition, development, protection of children from violence, exploitation and abuse, Gender sensitization, unorganized youth, and women in 105 villages of Karnataka. We started VCT by organizing children camps, health camps, tuition centers, identifying sponsor children, school dropouts, child marriages, child abuse, Village development committees etc., outside the urban and rural villages, sitting outside the temples, Anganwadi, huts, in schools and even under a tree. The remarkable support and encouragement that we got from the communities has kept us excited. As we take a glance into the year gone by, it has been a major milestone for VCT, our Priority was to keep skilling the youth by continuing the vocational training classes, supporting women to restart their lost business or to set up new enterprises to supplement their family income.

In the year 2023-24 our approach was to revive and build resilient systems with more focus on Child rights-based support to education, health nutrition, gender sensitization, awareness on human trafficking, computer and tailoring trainings, women led enterprises and development and Access to entitlements of the Marginalized. Our humanitarian mission for the well-being of children continued through several program interventions. I am confident that VCT will keep working to impart various skills in youth, supporting women group led enterprises, scaling up grassroots entrepreneurship programs, guiding adolescents towards emotional, social, and economic self-reliance. This is also an opportunity for me to consign my sincere thanks and gratitude to *Ensemble Agissons, France, Lok Manch New Delhi, Red ALERT Operation Hyderabad, Italian bishops' conference Italy, Catholic Health Caregivers fund, New York, the Vimukti Charitable Trust, group Israel, CSR Department Apollo Hospital, Bangaluru*, for their continued support that enabled us to reach out to more vulnerable children, unorganized youths, women and communities during the adverse times. Our progress on the Sustainable development Goal, SDG:17 Partnerships for the goals was also significant. We successfully implemented several programs across key intervention areas in collaboration with technical, knowledge and skill. Last but not the least, I would like to thank our sincere committed hardworking and compassionate team for their dedication in supporting low-income communities in



myriad ways through very difficult times. I would like to sincerely thank Rev. Fr. Alwyn Dias the president of VCT Trust and the board members for supporting us in Helping communities Help Themselves.

II. Objectives:

- a. Promote Right to Education for children and young women in low resource setting.
- b. Prevent disease, Promote access to healthcare and Prompt treatment (3Ps) for the marginalized.
- c. Prevent violence against young women and children.
- d. Develop partnership with Government, allied NGOs, media agencies and civil society to sensitize and bring about behavior and attitudinal changes to realize the United Nations Convention on the Rights of the Child (UNCRC); ensure India achieves the UN Sustainable Development Goals (SDG) by 2030.

Thrust areas:

- Education and Vocational skills
- Health:
 - Reduce the incidence of HIV/AIDS
 - Malnourishment
- Child Rights and Protection
- Women Empowerment
- Livelihood
- Natural resource management
- Community-managed disaster risk reduction
- Vocational Training
- Capacity Building
- Networking and alliance Building

Core Values:

- Hope
- Transparency
- Commitment
- Respect
- Accountability

III. **Our Goal:** To actively participate in achieving the United Nation's Sustainable Development Goals (SDG) in partnership with members- organisations, Sponsors, Government Departments, other like-minded NGOs, institutions, and individuals.

IV. Vimukti uses the following Methodologies:

- **Community Sensitization:** through information, education, and Communication (IEC).
- **Group discussion:** These group activities are achieved with joint participation of VCT multidisciplinary front-line professionals and community members. Families remain the central focus while introducing the new community program information.
- **One to one home visit:** our community mobilization team visits the families one to one at their homes to identify the eligible youth, children, and community members for the program.
- **Networking:** VCT tries to work with partner NGOs and collaborations with government organizations and allied institutions and local civil society organizations.
- **Peer Group:** VCT has a large alumni group of children, youth, and community members, who help us to identify the other eligible beneficiaries. These peer group volunteers help connect us with their families and community members.



V. Awards and Recognitions:

- Vimukti Director Fr. Sathish Fernandes Received the **KARNATAKA SAMAJA RATHNA STATE AWARD - 2023** for his undeterred and relentless service towards the welfare of children, youth, and women at risk in Raichur district awarding ceremony organized by Karnataka working Journalist Voice® held on 23rd December 2023 at Ravindra Kala Kshethra auditorium Bengaluru.

VI. Highlights of the year 2023-2024

- 135 Food kits and dry ration were distributed to children and poor families in our communities who were in financial distress.
- 121 differently-abled persons identified and supported to get the benefits from the Government.
- Birth registration of 45 new born babies and immunization follow-up of 12 children were done.
- 10MAM (Moderate acute Malnutrition) children were referred to various hospitals and treatment was given.
- 23 SAM (Severe acute malnutrition) children were referred and treated in NRC at RIMS.
- Special awareness programmes on the occasions of world environment Day, Child rights week, Deepavali with the poor, Christmas and ugadi with migrates, Christmas with the sponsor children, International Women's Day, Human Rights Day, Shaale Kade Nanna Nade, were carried out in the communities.
- 163 media hits recorded in various newspapers, magazines, and online portals.
- 29 awareness programmes on issues related to children were at communities and public places, reaching out to more than 5000 people. Door-to-door awareness was carried out community members were empowered with information on child rights, child rights violations, CHILDLINE services.
- 26 youth were empowered financially, and socially through entrepreneurship and skill development programmes.
- 12 girls were enrolled in vocational skill training.
- 2350 community members were sensitized through 9 community rallies.
- 1156 children were empowered through 21 life skill workshops.
- VIMUKTI conducted a survey to identify less privileged children and families and children on the streets. 133 children in need of care and protection were identified.
- We got in touch with around 300 youth. Out of them 250 youth attended the vimukti activities regularly.
- 2541 community members were sensitized through various awareness-generation activities.
- We have distributed 13,000 Pamphlets, Stickers, Posters, on various rights, and health issues and created enormous identification and impact among the public.
- Actively involved input sessions are organized and motivated concerned authorities to conduct 11 Makkala Grama Sabha at various Grama Panchayats in the Raichur District more than 500 children and 1200 stakeholders participated and benefited.
- Around 35 letters and memorandums on various issues were submitted to the concerned departments to tap the government schemes and to demand several facilities in the schools, AWCs, PHCs, communities, etc., by the children, unorganized youths, women and community people, as result 15,123 people have benefitted from these programs.
- We have linked 55 orphans, and semi-orphan children for a sponsorship program where every child will be getting Rs. 2000 per month for three years or up to 18 years.
- 114 unorganized youths profited from training programmes on social analysis, social justice, social harmony, minority rights, skill development, study on the constitution of India, on rights of



scheduled caste and scheduled tribes, minority rights, and availing welfare schemes for the unorganized sector.

VII. Community Outreach Programmes

1. **VIMUKTI'S Community Mobilization:** VCT involved itself in women's empowerment program from the inception that promotes women to assert and enjoy their rights. VCT by organizing regular orientation and trainings for SHG members and employees involved in empowering women so that they confidently assert their rights and live a life of self-worth, respect, and dignity. The community development programs of VCT guide the communities with strong local networks, to be resilient and considerate towards the social issues. For instance, women groups and child rights clubs help to empower the women and children to play vital roles in coming together to campaign against child labour, human trafficking, and school dropouts and support causes like, livelihood, and gender equity. Through the development projects, VCT has facilitated in creating the sustainable communities and reaching out women and children through innovative and result oriented community development initiatives.

2. **The 5th Asian Anti-Trafficking Forum Meet; *Creating Safe villages and reaching every victim of trafficking, leaving NO ONE BEHIND***

VCT Pothnal Mr. Arogyappa coordinator anti-trafficking attended the Asian anti trafficking forum meet 2023 at Jeevan Jyothi Retreat House, Hyderabad from 1st to 3rd August 2023. Renowned speakers from all over India who are working for human trafficking attended and addressed the gathering. Nearly 180 NGOs representatives from all over India who are actively involved came together to fight human trafficking. It was wonderful to have met and to interact with each other. The focus was laid on child trafficking, child marriage, child and bonded labour. Well organized program including good resource persons.

3. **First time in history, Sunknoor village people saw bus connectivity to their village:** For the first time in history, the people of Sunknoor village celebrated the arrival of bus connectivity, fulfilling a demand that had persisted for three decades. This milestone was achieved on Monday when Mrs. Eshyamma, a dedicated Vimukti staff member, and other village women met with the concerned MLA to advocate for bus service. Previously, villagers had to walk 7 km to access public transport, significantly impacting their financial stability. With the MLA's swift action, the bus service was implemented within just five days of their request. "We will never forget the Maski MLA for the rest of our lives," says Mrs. Eshyamma, who works under the MNREGA scheme. The new bus service will benefit over 400 families, many of whom previously incurred extra costs by using motorcycles or hiring vehicles for work. "Now we can save up to Rs. 1,000 per month with the morning and evening bus services," Mrs. Eshyamma adds. We at Vimukti extend our heartfelt appreciation to Mrs. Eshyamma for her hard work and dedication in making this dream a reality.

4. **Distribution of free Sewing Machine tool kits:** VCT Pothnal organised a free distribution of Sewing Machine tool kits to poor women of Pothnal on 15th June 2023. This initiative aims to empower women by providing them with livelihood opportunities and enhancing their self-reliance. Mr. Charlie, the GP President, served as the chief guest and emphasized, "Vimukti is always ready to support those in need, enabling many to benefit from our programs." One beneficiary expressed gratitude, stating that the sewing machine will allow her to earn a respectable income. Vimukti remains committed to reducing poverty through income-generation programs, helping many individuals each year.



5. **Vimukti Initiatives to combat trafficking of Women and Children 22,690 Stakeholders benefited from this program:** VCT Pothnal organized mass awareness programs in targeted villages of Manvi, Sindhanoor, Maski, shirvar talukas, Raichur District, Karnataka. Lack of awareness of human trafficking is the biggest barrier in preventing human trafficking, most of those victimised are either women or minors (consisting of individuals under 18 years of age who are recruited, transported, transferred, harboured, or received for exploitation,). Kidnappers most commonly force women into commercial sex and indentured servitude. Bride trafficking has also been a consistent commodity due to skewed sex ratios in certain areas. Keeping this thought in mind VCT has been creating mass awareness in schools, AWCs, public places, and residential area so that children and women are saved from these evil practices. Nearly **5500** children, **6300** mothers, and **10,890** people have benefited from this program.
6. **Vimukti Mobile Free Tailoring Center Units: "Changing lives of Rural Girls and Women by Empowering them through Skills and Education":** For the past many years, VIMUKTI has tried to open free tailoring centers in the Project areas, in order to impart tailoring skills free of cost. it is more than 40 batches of students being trained. Students are trained by a well-qualified and professional teacher. Further, as a sign of appreciation and encouragement certificates are also given to those who successfully complete the course in tailoring. These classes enable women/girls in rural and suburban areas to earn their daily living, making them self-confident and self-dependent. After the course completion, students are encouraged to either start their own business or take up a job in the nearby locality. Initially, women join the tailoring center simply to learn a new skill that would enable them to gain financial stability. However, as the training progresses, they start enjoying the opportunity to get out of their homes and make friends. Our tailoring centers become a place where they feel accepted and valued- an unfamiliar, but refreshing difference in many of their lives. The staff at our tailoring centers often act as guides, give handholding support and do counselling. Through this initiative, Vimukti strives to promote self-sufficiency and economic independence among women/girls, fostering a sense of empowerment and pride with their communities. **"BECAUSE OF THIS TAILORING CENTER, WE WOMEN/GIRLS ARE ABLE TO STAND ON OUR OWN FEET AND BE SELF-RELIANT"**- Shanthamma, tailoring student
7. **57 Solar powered lights Distributed to our Sponsored families:** The celebration was held in our Vimukti auditorium. The entire auditorium was beautifully decorated with flowers, festivals, lights, posters, and models. All the sponsored children and staff members were very excited and full of enthusiasm for the celebration. Sathish Fernandes wished everyone a very happy Christmas and also gave a short motivational speech and asked the young children their understanding of Christmas; however, the real Christmas lies in the birth of Jesus who came to teach us love, harmony, unity and forgiveness. Over 57 sponsored children were extremely delighted to receive special Christmas Gifts from Donor agency, Ensemble Agissons, France. Each family has received Solar lights as per their choice, which is very useful to their family during electric failure. These solar lights are rechargeable in ordinary sunlight, and this will provide continuous light at least 4-6 hours daily, very handy, and very useful to children in their studies giving them a high chance of being good citizens in the future. This will enable the family members to continue doing their household activities without difficulties. These Christmas gifts brought smiles on the faces of the sponsored families. Dignitaries on the dais conveyed their appreciation to the donors and to the staff for the timely help. Mr. Argyappa presented the Vote of Thanks, and nearly 101 participants benefited from this program.
8. **Orientation on income generating activities:** *"If you want your income to grow. Then you too must grow"* VCT organized trainings on income generating activities to all the poor women of the



project areas of three units. Women were enlightened regarding the importance of self-help groups and functioning and the aim of it. With their small savings, the women are meeting their daily requirements, or meeting expenses related to illness, marriages, or financing their small ventures. The training also included generating income through goat farming, candle preparation, vegetation and preparing rice papad. Visual clippings were also part of the session.

9. Potential Income Generating Activities: "Livelihood and Sustainable Life..." Vimukti Supported Rs. 3,00,000/- 60 SHG members Profited Rs.11,50,000/-

In our commitment to fostering inclusivity and empowering individuals, we expand our boundaries to strata of society, including under privileged and disabled persons. Through this project activity introduced "**Interest-free loan scheme**" as a revolving fund to the SHG (Self Help Groups) groups of Rs. 60,000/- to develop their financial condition. Interested women were motivated and helped to venture into new businesses for their self-sustainability. The SHGs vision includes: "enabling other women to become entrepreneurs by promoting different business activities through various resources and skills to become financially independent in their villages in small units". This was created to promote the beneficiaries in becoming economically independent. This effort strives to make it easier for rural and semi urban folks to engage in generating income by indulging in productive and enjoyable activities. Vimukti women have begun Sheep and goat farming, livestock farming, tailoring Poultry, Rabbit, Pigeon, Ducks, farming, Roti Rolling, Stationery shops and hotel business preparation and marketing of dairy products. As a result, for the past six months 60 youth and women have financially grown and created a better environment in their family from Rs. 3,00,000/- to 11,50,000/-. Vimukti, in 2024 places livelihood at the center of development and works towards building a sustainable life including health-Malnourishment, education and vocational skills, unorganized youth and women empowerment etc.

10. Legal awareness on women Rights: VCT organized training on Women and legal rights as a part of the celebration of International Women's Day. International Women's Day is an occasion to recall the struggles of women around the world to gain equality and rights. In order to live with dignity certain basic rights and freedoms are necessary, which all human beings are entitled to. These basic rights are called Human Rights. Human rights demanded recognition and respect for the inherent dignity to ensure that everyone is protected against abuses which undermine their dignity, and give the opportunities they need to realize their full potential, free from discrimination. Human rights belong to everyone, everywhere, regardless of nationality, sexuality, gender, race, religion or age. Women were trained on several laws in India that give women the authority to fight against abuse, discrimination, violence, harassment, indignities, etc. Learnings about law, implications, directives and suggestions on fighting against Child Marriage, Police help and protection with regard to Women Rights, family problems and how to resolve them were also part of the awareness session.

11. Awareness to Rural women on Govt. Schemes: VCT conducted an informative session about Government Schemes and Benefits. Every citizen of state and country has part and is eligible for schemes and benefits that are provided by the Governments. There are number of schemes and benefits provided for the different sections, caste and class of people. The resource person in his session gave a detailed useful information on the various government schemes like SCSP/TSP under the scheme on youth self-employment, land rights, Ganga Kalyana scheme, individual irrigation, Borewell scheme, how to avail a relief to the scheduled caste victims of atrocity scheme, and various scholarship for the children and lot more information on how to tap the various financial benefits and schemes from the 33 government departments come under the talukas. The resource person briefed about the schemes like, Pradhana Mantri Rozgar yojana, Rajeev Gandhi



Chithanya Yojana, Pradhan Mantri Employment generation program, Chief Minister Employment generation Program Mudra Yojana, Mathru Puran Yojana, Swatchh Barath Mission (Toilet facilities), Educational loans etc. Thus, all the women and unorganized youth were encouraged to apply one or the other schemes and get benefits from these schemes.

Stories from the field....

12. Achieving the mile stone of 267 house: A ray of shelter and support to Shankramma

Mrs. Bimapur Shankramma of Amareshwar Camp, Manvi Taluk, Raichur District was unfortunate one. Her husband Anjaneya left her with three daughters never to be seen till this date. To take care of herself and her children she worked nearly for 12 years going house to house to work. Her financial condition deprived her children's education. When her health conditions deteriorated and became mentally depressed no one was there at their side. When the Vimukti charitable Trust® observed the conditions ran beyond the reach while 2 girls were admitted to the school and hostel facilities were provided. Through the help of donor's mother was treated for her illness. When the Grama Panchayath failed to help in building them the decent shelter, along with the generous benefactors Vimukti, Pothnal was able to achieve the goal of building the 267th house inaugurated by the Manvi MLA's Son Mr. Shivraj Nayak Ballatagi and Rev. Fr. Satish Fernandes, Vimukti Director, the staff, and the important village dignitaries were present. No doubt, in fact, it proves once again that care for the humanity always triumphs.

13. Divine Providence through Human Hands -A dream towards the actualization of decent shelter: 268th Vimukti House

Here's a story of the life's heavy storms of a couple named Sangeetha and Vasanth Kumar with four children from the village of Dotharabandi, Pothnal, Raichur. Their poverty added the extra burden of their sickly elder daughter Monika to spend much of their earnings on her treatment made their lives miserable. This long run life's game brought the worst scenario with their dilapidated house, either they could live there no longer; neither they could get the government benefits due to the improper records; nor could their children go to school. Their condition was totally inhumane living drew the attention of the Vimukti Charitable Trust provided firstly treatment to the girl in Bangalore, secondly, dignified the house into a beautiful home- a better place to live in and thirdly, two of the girl children were sponsored with the learning schools' materials to have a better future. This is a grace filled providence led to the construction and accomplishment of 268th Vimukti house- a dream towards the actualization of decent shelter was inaugurated and handed over to the family. Words fail to thank the sponsor Mr. HELBERT Marcel et Lucie "Ensemble Agissons" Members for their kindness and generosity. "God Loves a cheerful giver."

Annexure I: Projects Various Trainings implemented and their impact

S. No.	Trainings	Beneficiaries -				
		children	Youth	Men	Women	House holds
1	Training on various govt. Schemes for youths	-	150	90	155	395
2	Constitution Training for youths	-	1582			1582
3	Community Convergence facilitation Forum (CCFFs) leaders training on self-employment	-	74	102	176	352



4	Empowerment of Women Through Legal awareness training	-	284	-	586	870
5	Skill Development and income generating training program	-	575	85	178	838
6	Entrepreneurship training for women	-	-	10	65	75
7	Income generation activities for women	-	98	-	350	448
8	Training on Various Govt. Schemes for women	-	65	-	125	190
9	Training program on Professional Skills for Women	-	-	-	254	254
10	Dr. Ambedkar Abhiyana- Leadership qualities	-	-	-	-	2510
11	Currier Guidance Training Program for youth	-	758	-	-	758
12	Training for women on Gram sabha	-	-	-	1515	1515
13	Training for youth and women on Constitution	-	142	302	1025	1469
14	Unorganized youth formation training	-	100	-	-	100
15	Life skill training program for youth	-	420	-	-	420
16	Training on the bank transactions and savings for SHG members	-	-	-	1250	1250
17	Awareness on various Panchayat schemes training for the community	-	235	410	715	1360
18	Training on Personality development for unorganized youths	-	985	-	-	985
19	Training to Community leaders on Communication & Facilitation skills	-	-	241	320	561
20	voting Awareness program	-	598	520	1256	2374
21	Sports day for unorganized youths in the villages	-	250	-	-	250
20.	Leadership training program for the unorganized youths	-	1095	-	-	1095
22	Encouraging and Enrolling farmers for Kisan Samman Scheme	-	-	1251	642	1893
23	Training to Lok Manch leaders on available government facilities to the farmers	-	-	215	-	215
24	Training on panchayat Raj institutions for Community	-	570	678	905	2153
25	Climate change training to the community people	1598	247	496	2198	4539
26	Clemt change Training on Community leaders	-	756	1562	2438	4756
27	MNREGA Training to VDC and CCFF members	-	-	510	257	767
28	PDS Training to 16 village leaders	-	654	1058	2265	3975
29	Social security Training for VDC and CCFF	-	243	1527	2645	4415



	members in the villages					
30	JJM scheme Training to VDC and CCFF members in the villages	-	158	254	301	717
31	Water and Sanitation and WASH training to the Community	1125	308	887	1352	3672
32	Self-Employment training for the women	-	-	-	560	560
33	Training on Panchayat Raj Institutions & good governance - YOUTH	-	275	-	-	275
34	self-employment loans for SHGs members and unorganized youths	-	43	-	314	357
35	Training program on human trafficking to children, women, and men	7685	2253	3124	4597	17659
36	Training on waste management system to children and community	1059	325	784	1113	3281
37	Training on cyber crime	-	325	-	-	325
38	Revolving fund for income generation activities	-	230		80	310
39	Revolving fund for self-employment activities - youth	-	20	-	-	20
	Total	11467	13818	14106	27637	69538

Annexure 2: Projects Supported Migrated families

S. No.	Trainings	Beneficiaries				
		children	Youth	Men	Women	Households
1.	Celebrates Christmas with migrant families	105	52	125	210	492
2.	Ugadi -festival with migrant families	35	42	115	254	446
3.	Migrants survey to help them to get jobs	-	58	285	387	730
4.	Ration kit distribution for the migrant families and orphan, semi orphan and HIV/AIDS families	-	-	-	-	560
5.	Cloth Distribution to the migrant families	-	-		-	250
6.	Food Distribution to the migrant families	45	58	250	352	705
7.	Hygienic kit Distribution to the migrant families	30	20	100	110	260
8.	Easter Celebrates with Migration with migrant families	41	28	105	100	274
9.	Health check-up to the migrant families	-	--		-	251
	Total	256	258	980	1413	3968

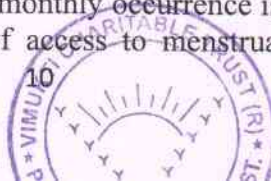
VIII. Child Welfare Programmes

1. **With the young, channelizing their Energies:** Children and young people are most vulnerable group in the society. They fall prey to the evil menaces of the society such as child laborers, domestic



violence, family disintegration which leads them on street, consumption of drugs, infection of various diseases. VCT took some valid measures to provide shelter, support and education to ensure the welfare of these children and young people. The projects aimed to build self-confidence and instill hope in the lives of these children and youth. They have begun to enjoy their rights to care, protection and education. They also confidently assert their rights and give voice to the critical issues that affect them and their peers.

2. **Education sponsorship to children: "Education is not preparation for life; but life itself"-John Dewey.** Educational sponsorship for children is a vital initiative that helps to provide access to education, support and opportunities. VCT came to the aid of 500 poor children by sponsoring educational kit inclusive of school bag, umbrella, water bottle, exam pad, geometry box, lunch box, shoes, uniforms, books, pencils and pens. The selection of students were done by personal visits to their homes to assess the family background. We also took inputs from the school head masters to select the students who are doing well in studies. This sponsorship aims at promoting education, reduce the financial constraints of parents, reduce dropout ratio and create an interest for learning among the children.
3. **Preparing Adolescents to be better adults: "Prepare & prevent, don't repair & repent"** Adolescence is a period of rapid change and a proper guidance at this stage is very essential. Adolescents in villages being neglected a lot with regard to human growth and development. Awareness programmes were conducted so as to make them know the adverse effects of early marriage and improper knowledge of physical and sexual development. Topics like physical and psychological changes during puberty, maintaining physical and mental hygiene during adolescent stage, having the right sex education etc. were dealt with. Adolescents were enlightened and made to understand that the changes should be taken positively and with courage. The resource person explained various means and ways with examples to face the challenges that arise at this stage.
4. **Vimukti Child Resource Centers (CRCs):** child Resource centers are strong child-support spaces in the marginalized communities. CRCs function beyond school hours and provide alternative educational experience and learning. These CRCs provide an age graded learning platform for all the children in our targeted villages. The children are initiated to come to these centers weekly to make use of the play materials and the library books to read and to write. This will help them to improve their reading and writing skills, general knowledge and skills in sports and games. It will also provide them the apt information, learning opportunities, learning materials and ways to access other resources in the community to support other young children and families. Nearly 780 Children are benefiting from this program.
5. **Computer training:** We are in post computer era where in AI has been gaining more prominence in every field. Basic computer knowledge is the first step towards this growth. In order to equip the children with this basic computer knowledge computer, trainings are held by VCT in different centers and schools. Computer education in our project areas focus the poor children and youth who are deprived of the facilities. Computer literacy program being part of this venture poor and marginalized children get an opportunity to equip themselves with computer knowledge and learnings.
6. **Letter Campaign by the 1000 adolescent girls to Chief Minister of Karnataka demanding to provide Sanitary Pads to the poor girls in the villages:** "Improving Menstrual health and hygiene for women and girls" ...Menstrual hygiene management is one of the neglected health and hygiene issues surrounding the rights of vulnerable adolescent girls in Manvi taluka. For hundreds of these adolescent girls living in the villages, natural monthly occurrence is disruptive. Adolescent girls in our targeted villages often deal with the lack of access to menstrual hygiene products or if they are



available the Sharp rise in the price of sanitary pads makes it impossible to buy due to poverty. Stigma and period poverty has a significant impact on the lives of vulnerable women and girls in our village, who often must resort to using unhygienic alternatives such as using old unhygienic clothes as sanitary pads. This causes discomfort that can increase their risk of infections- especially since they are often washed without detergents and dried indoors, out of shame and fear of superstitions related to menstruation. Without improved hygiene behavior such as handwashing with soap and water after changing used clothes and Sanitary napkins it will be challenging for women and adolescent girls to stay healthy during their menstrual cycle. Vimukti Staff nurse is committed to giving training on this in our health camps, distributing family hygiene kits to spread the messages to combat stigma. The adolescent girls were so happy to receive these training sessions in our health camps and many places' girls have received sanitary pads, as it meant that they can have their periods without fear of embarrassment and they no longer had to stay in isolation at home and miss activities or school. Shrithi who attended the health camp and participated in the training said," I share a little torn towel with my younger sister during our menstruation because buying actual sanitary pads from the shops is very expensive and not available in the villages. Vimukti distributed sanitary pads during crucial times. In the past I used to feel bad each time I had my monthly period, I did not feel comfortable using unhygienic rugs they are not comfortable, nor are they effective, and they can lead to very serious health concerns, with free disposable sanitary pads provided, I can safely manage my health, I can now openly talk about menstruation and the sanitary pads. I feel confident and empowered." Nealy thousand adolescent girls came together and motivated their peer group discussed in their schools and demanded the Chief Minister of Karnataka through a letter campaign.

7. **Vimukti Children Parliament and Club children submitted the memorandum to Pothnal PDO demanding pure drinking water and other basic facilities in the Government school at Karabdinni:** VCT children parliament and club children members came together discuss this issue in their meeting and on 30th February 2024, morning gave a memorandum to Pothnal PDO demanding the official to look-into the matter very urgently. Nerupadi children Parliament President from Karabdinni expressed, saying in our school, we lack basic facilities like scarcity of water for the toilets, playground, pure drinking water, play materials, paper etc. As a result, many children drop out from the school, since our school is not so attractive and lacks basic facilities. Here by children parliament and club children urge concerned authority to make our government school attractive and child friendly.

8. **Training program on Child Rights, Child Sexual Abuse, Child line:**

Vimukti Pothnal organized a child Rights awareness program on 27th of August, 2023 at vimukti premises. The main aim of the training program was to sensitize little children to protect themselves from evil practices that prevail in our society and to fight for their rights and empower them with the power of education. After the training staff distributed the hand bills and posters stating "MY HOUSE IS CHILD LABOUR, CHILD TRAFFIKING CHILD MARRIAGE FREE...." Session on CHILD LINE AND CHILD SEXUAL ABUSE was given Nearly 185 nearby school children participated and benefited from this mass training program.

Annexure 3: Projects Various child right Trainings implemented and their impact:

S. No	Trainings	Beneficiaries				
		children	Youths	Men	Women	househ olds
1	Educational kit Distribution program	2368	78	-	-	2446
2	Supported Higher education Program		425	-	-	425
3	Sponsorship educational day			-	-	285



4	Sponsor's celebration day Program	290	-	-	-	290
5	Dropout children family visits and supporting for the education	258	-	-	-	258
6	Child labour day program and visit to the fields to identify the children	287	-	-	-	287
7	Education kits Distribution to stop School Dropouts	864	-	-	-	864
8	Children Education Excursion program	590	-	-	-	590
9	Children March to School Abhiyan (Makkala 'Nade Shale Kade'):	1025	325	-	-	1350
10	Summer Camps for children in the villages	1425	-	-	-	1425
11	Training to children on Makkala Gram Sabha in 16 villages	2826	896	-	-	3722
12	Entitlements and Empowerment of the Children	2258	186	-	-	2444
13	Training on child marriage and its affects	2178	75	-	-	2253
Total		14789	1985			16639

Annexure 4: Projects Various child Protection Trainings implemented and their impact:

S. No.	Training	Beneficiaries				
		Children	Youth	Men	Women	Household
1.	Formation of adolescent girls' clubs and children clubs	758	-	-	-	758
2.	Children Fest program	1024	-	-	-	1024
3.	Child rights trainings in the schools	15243	-	-	-	15243
4.	State level Children's Parliament training program	50	--	-	-	50
5.	Adolescent girls training	380	-	-	-	380
6.	Child protection and child rights training to children in the villages	12245	-	-	-	12245
7.	Training on Makkal gram Sabha to children	21345	-	-	-	21345
8.	1098 awareness training to children, youth, and community	1523	275	157	786	2741
9.	Training on child labour, child marriage, child dropouts, POCSO, and various child related acts	5784	--	-	-	5784
10.	Leadership training to children.	2385	-	-	-	2385
11.	Keep away children from mobile training program to the children in the schools	780	-	-	-	780
12.	Creating awareness on 'BETI BACHAO, BETI PADHAO YOJANA'	324	-	-	103	427
13.	Go green awareness program	1542	130	354	279	2305



14.	Total	63383	405	511	1168	65467
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PROJECT "HEALTH FOR ALL"

- 1. Mobile Health Education:** At VCT, we provide primary health care through a 3P's approach (Prevention, Promotion and Prompt treatment) to address social determinants of health such as poverty, illiteracy, ignorance, neglect of health matters, malnutrition, anaemia, poor vaccination coverage, gender-based violence, patriarchy, social and cultural norms including school dropouts and prevention from early marriage.
- 2. Improving access to primary healthcare services through Mobile Health Van (MHV) for vulnerable and marginalized children, youth and community:** Mobile health van (MHV) clinics represent an untapped resource for our health system. It is an approach that reaches the unreached and provides a welcoming, practical pathway to seeking healthcare in a timely manner. Through MHV, medical services are provided free of charge through mobile health vehicles, besides enabling referrals, providing free medicines, and conducting follow-ups. VCT MHV fills gaps in the health safety net as a long-standing community-based service delivery model, reaching socioeconomically defined populations in both Villages and slum areas.
- 3. Health Education Sessions & Counselling:** The school environment is a natural entry point for reaching children and adolescents with health education, health promotion, and health services. Health and education are strongly connected—healthy children achieve better results at school, which in turn are associated with improved health later in life. With changing community and student needs, educational advancements, and technological revolutions, VCT conducts health education sessions in the schools of Manvi taluka staff Nurse, led the health education session. Health Education Session (HES) and counselling were conducted in the targeted villages to impart information on Health & Hygiene, reproductive and sexual health, growing-up, relationships and gender. The sessions also emphasized on dignity, self-esteem, abstinence, delaying sexual debut until marriage and being faithful. The Staff nurse conducted these sessions under the guidance of Dr. Prashanth supervision.
- 4. Referrals and Follow-ups:** Patients requiring specialized care or further investigations were referred to appropriate healthcare facilities, and follow-up appointments were scheduled. Referred the needy patients to secondary and tertiary care in large hospitals of 130 patients.
- 5. Health Counselling:** Counselling facilities provided 124 patients during the current year through mobile health van.
- 6. Iron Folic Acid Supplementation:** Iron Folic Acid supplement program aimed to meet the challenge of high prevalence and incidence of anaemia among adolescent girls/boys and pregnancy. Iron is an important mineral that the body needs to produce red blood cells and keep us in good health. The long-term goal is to break the intergeneration cycle of anaemia, the short-term benefits is of a nutritionally improved human capital. The programme, implemented in our targeted remote villages and slum areas of Manvi taluka.

Testimonies from our beneficiaries....

- 7. Counselling and timely Referrals save lives:**



Pooja, a resident of Malkapur, Manvi taluka when VCT Staff Nurse visited her for her ante-natal checkup she complaints of loose stools, weakness, and uneasiness for the past three days. It was discovered that she wasn't taking her prescribed iron supplements. Thanks to VCT staff Nurse, Pooja received timely counselling about the importance of iron supplements for a safe pregnancy. She began taking the iron tablets in her fifth month. Pooja delivered her baby at the PHC Pothnal, but her newborn weighed only 1.8 kilograms and faced difficulties in latching to initiate breastfeeding. VCT staff nurse conducted regular home visits, including counselling by the staff nurse on newborn care. Despite initial challenges and the baby's weight dropping to 1.6 kilograms, the Staff nurse's alertness led to timely intervention. VCT staff nurse supervision and timely counselling, resulting, baby made a remarkable recovery in gaining 4 kilograms within five months. This success is attributed to the VCT nurse for her timely intervention care for high-risk women and child.

IX. Key Achievements of the Mobile Health clinic:

- ❖ Efforts were made to raise awareness by-organizing Health camps by providing health care services to 542 patients and different sessions about hygiene practices and disease prevention measures to combat prevalent health issues.
- ❖ Contributed to improving the nutritional status and overall health of children by reducing the risk of Vitamin A and Folic acid deficiency-related health complications such as night blindness, susceptibility to infections, and impaired growth and development.
- ❖ VCT successfully provided Iron Folic Acid supplementation to 855 children and pregnant women in targeted remote villages and slum area, reaching the intended beneficiaries.
- ❖ A total of **583** adolescent girls were sensitized to adolescent body changes and treated for health conditions.
- ❖ The mobile health clinic facility provided primary health care services to 1080 low-income individuals, 75% of whom were female.
- ❖ A health message about maternity and child health, sanitation, infectious and non-communicable diseases, social challenges, etc. was delivered to 453 people.
- ❖ 18 outreach activities, including health education sessions, group meetings, and one-on-one counselling sessions, were held to improve the health status of vulnerable female adolescents who lived and worked close to the intervention region.
- ❖ Periodic medical screening camps for the underprivileged and economically disadvantaged on diseases like TB, polio, skin burns, Malaria, and chikungunya, among others. Ongoing education about personal hygiene and child healthcare, including promoting
- ❖ 280 teenage girls in all received health care and sensitization about adolescent body changes.
- ❖ **7,458** poor people availed primary health care services from the mobile health clinic facility, among which **75%** were women and children.

Annexure 5: Health for all, Various Trainings implemented and their impact

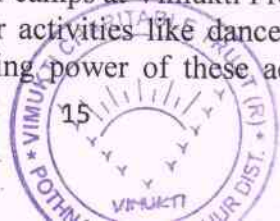
S. No	Trainings	Beneficiaries				
		Children	Youth	Men	Women	House hold
1	Free Health Camps in 29 villages	1250	587	658	1175	3670
2	TB Awareness Camps in two villages	259	95	25	72	451
3	Ayurvedic Medicine camps three	-	10	35	154	199
4	Dengue Hemaregic Awareness programme two villages	214	72	45	321	652



5	HIV /AIDS Awareness camps	652	452	628	74	1806
6	Protein powder distribution camps in four units	365	-	-	-	365
7	Parliament Children Health checkup camps	350	-	-	-	350
8	Health Awareness camps	698	354	395	970	2417
9	Nutrition Food Awareness camps	55	-	-	85	140
10	Communicable And Non-Communicable Diseases Awareness Programs	760	195	358	560	1873
11	Breast feeding training five camps	-	-	-	154	154
12	Skybiosisandsorayasis Awareness Program	359	82	24	182	647
13	Jaundices Awareness Program	258	49	98	321	726
14	Breast Cancer Awareness programs in two villages	-	-	-	149	149
15	Family Planning awareness Program in two units	-	-	85	156	241
16	Health checkup for adolescent girls	-	1150	-	-	1150
17	Counselling sessions conducted for adolescent girls	-	98	-	-	98
18	Brain Fever awareness Program in one unit	-	-	25	45	70
19	Doorstep Medical Services	350	168	56	578	1152
20	VHSD training to lok Manch leaders in the villages	-	425	726	982	2133
21	Weight and height check-up of school children	1690	-	-	-	1690
22	Awareness on Arogya Karnataka Bhagya Scheme	-	651	526	568	1745
23	Hygienic kit Distribution for Adolescent girls	-	1523	-	-	1523
25	Counselling to breast feeding to ANC/PNC	-	-	-	158	158
26	Awareness on Substance Abuse: unorganized youths	-	253	-	-	253
27	Awareness on mental health	245	-	-	123	368
				-		
	Total	7505	6164	3684	6827	24180

X. Ongoing Programmes:

- 1. Educational outreach for rural children:** it is often difficult for children in poor government schools to achieve their potential. Some are unable to attend school regularly due to family poverty, or perhaps they are first-generation learners and their parents are not able to provide the right support and encouragement. VCT education outreach programmes are targeted at increasing the educational attainment of the most disadvantaged children attending poor, rural government schools. Our few tuition centers in rural villages, give children from homes where it is difficult to study a place to do their homework. The children who use the centers also receive free books, educational materials, etc. in 2023-2024, 459 children benefited from this program.
- 2. Safe Village Program:** The Safe Village Program is aimed at building child trafficking awareness among rural communities across villages of Raichur District. The programme adopts a holistic approach and focuses on sensitizing at-risk community members about child trafficking, its causes, and risk factors, creating awareness about ways to prevent child trafficking, sustaining awareness, and conducting vulnerability reduction workshops. It aims to mobilize communities to keep their children safe from trafficking. So far 107 safe villages have been conducted, 80 Rakshaks, 60 Nodal teachers, 46 Gram Mitras, 33 community leaders, 219 stakeholders, 57,852 people have been reached and 25,667 safe village program books have been distributed.
- 3. summer Camps for Children:** Summer camps for Children play a vital role in the development of their Personalities. VCT organizes summer camps at Vimukti Premises. Our Vimukti children proudly initiated the co-curriculum extracurricular activities like dance, music, singing, drawing, and other activities. As the enriching and revitalizing power of these activities was already palpable in the



students, Vimukti tried to give these children a bit of value education and personality development skills during their holidays. Nearly 890 children attended the program and benefited from this summer camp.

4. **Vimukti Sponsorship Programme aims at shaping a positive future for Children from Marginalized Communities:** The Vimukti Pothnal Sponsorship programme seeks to provide a bright future for young people from underprivileged backgrounds who struggle to meet their fundamental needs. Even while VCT works with many kids in the neighborhood, we have found that kids who have one or both of their parents are among the most vulnerable. Although many orphaned children are adopted by extended families, this often results in the youngsters having to leave childhood behind because of the additional strain on the family's resources. The best possible start in life is given to their kids through the VCT sponsorship programme. Quality education is now essential in today's increasingly globalized world for kids to advance and give at least one youngster a chance for a better life.
5. **Co-Curricular activities:** They were given additional opportunities to develop their skills and make them manifest in addition to opportunities to advance intellectually and spiritually. On Talents Week, many competitions were held; these kinds of occasions aided in the development of their overall energy, self-assurance, and expertise. They also had other opportunities while boarding to go to motivational speeches and conferences, which helped them become more aware.
6. **Raichur Network of NGOs:** Advocacy, collaboration, and networking have become the bywords of global civil society engagements, especially in the context of many violations of the rights of the people, the poor, and the marginalized. It is in this context that VCT has been consistently engaged in networking with other like-minded NGOs on various Right based issues.
7. **Distribution of food items to the poor families:** Throughout the year, every month, VCT Pothnal tries to identify very poor deserving families, and widows with no one to take care of, and distributes food items like rice, dal, oil, milk powder, sugar, grams, etc. it was a great blessing for the poor people in the time of their survival. We thank the generous donors for their timely help, support, and sacrifice. God bless their families in hundredfold blessings.
8. **Free workshops: Educational Help to Poor Students:** VCT Pothnal is at the forefront of providing educational scholarships to poor downtrodden students. Education is one of the ways of uplifting the lives of people. VCT is regularly on the lookout for poor students who study well but do not have money to spend. We select such students and support for their education.
9. **Media Reports:** VIMUKTI's initiatives have been reported by the media more than 79 times in an entire year for its various innovations, meetings, and collaborative initiatives. This has created ample visibility about the issues and the organization itself, which leads to substantial support for the welfare of street children.
10. **Capacity building of community leaders:** "Community leadership" being the *mantra* of VCT, for the past six years Vimukti has been strengthening Community Leaders. As part of the empowerment approach, and considering the sustainability of community-level processes, CLs play a very important role. They are trained on diverse leadership skills, thematic areas of under six rights (Right to Food, Education, WASH, Health, Adequate Housing and Social Protection), and digital communication. The capacity building of CLs is done through periodic customized training programmes and they are further provided handholding support through a network of thematic experts drawn from civil society. our community leaders are well-trained and actively involved in taping the government schemes and entitlements for their respective villages.
11. **Community Convergence Facilitation Forums (CCFFs)** Vimukti has formed Community Facilitation Forums in its targeted villages at Manvi taluka. It works for at least one thematic committee on any of the 6 rights (Right to Food, Education, WASH, Health, Adequate Housing, and Social Protection) which are formed in each of the Panchayats in the intervention areas to link with government departments. The thematic committee is led by Community leaders in each panchayat and empowers the community to enhance access to government schemes and entitlements very



Annexure VI Availing Government Facilities & Organizational Impact

Sl. No	Achievements	Total	Value	Reach Out	
				Male	Female
1.	Caste Income/ Death Certificate/ Birth Certificate	155		68	87
2.	New voter ID	166	-	112	54
3.	MGNREGA/ Job Cards	3589	-	1009	2580
4.	Students Scholarship, Government Sponsorship	1120	16,80,000.00	666	454
5.	LPG Gas Provided from Forest Department	10	70,000.00	0	10
6.	Disabled Card /Pension/Bus Pass/	35		12	23
7.	Adhar Card/Ration Card/Senior Citizen Card/Identify Card/ Yashaswhini Card/ Student Pass/PAN Card	1254	-	438	816
8.	Grihalakshmi Schemes	315	75,60,000.00	-	315
9.	Constructed New houses	02	5,40,000.00	-	-
10.	Widow Pension/ Old age Pension	52	74,80,000.00	35	17
11.	Thayi Card	152	-	-	152
12.	Construction of Toilets through the Government Scheme	15	27,00,000.00	-	15
13.	New Bank Accounts (SB)children/ SHG groups	78	-	15	63
14.	Cattle loan for widows	7	6,00,000.00	-	7
15.	Self-employment	250	14,70,000.00		250
16.	Crop insurance	124	14,80,000.00	101	23
17.	Arogya Karnataka Card, Ashyman Baratha	123	61,50,00,000.00	84	39
18.	Bhagya Lakshmi	08	8,00,000.00	-	08
19.	Education kits for orphan, semi-orphan children	100	1,00,000.00	50	50
20.	Education (Tuition in 14 villages)	450	-	150	300
21.	Mass Awareness programs, rallies on human trafficking, child rights, child sexual abuse, Dengue, HIV/AIDS, cleanliness, open defecation, Tobacco and Alcohol, child Marriage, child labor, communicable diseases, installation of child lines in Schools, children, Adolescent Girls, AWCs, PHCs, Women- youths, Teachers, ASHA, ANM, Supervisors, Police, Grama Panchayat members, SHG members, Collage students Bus Drivers/ Conductors, Auto Drivers, Market/ bus and Railway stations community people and total 454 beneficiaries and 201 villages of Raichur Dist.	99,200	-	48,452	50,748
22.	Memorandum Submission to DC, PDO, THO, etc. (Basic facilities in Schools, Community)	12,325	-	8523	3802
23.	SCSP/TSP/WASH Benefits -20 villages (CC Road, drinking water, toilet facilities in the schools, bus facilities)	850	1,00,00,000.00	670	180
	Total	12,03,80.00	64,94,80,000.00	60,385	59,993.00



effectively. nearly 350 Community Convergence Facilitation Forum members are benefiting from this training.

12. **Sneha Jyothi Child Care Center:** Vimukti comes across several cases of neglect and abandoned children. To support and care for these children we accommodate them in our *Sneha Jyothi child care center*. In the year 2023-2024, we accommodated around 51 poor, orphan, and semi orphan children. These children study in three different schools. Their presence brings joy and happiness to the premises of Vimukti. They are well taken care of by a warden who looks after their holistic growth and a domestic staff who serves delicious food with the monitoring of the director of Vimukti. These children are also supported with school fees, books, stationery, uniforms, medicines, etc.
13. **Reaching out to the poor:** Reaching out to the poor and the needy is the focus of all ministries that we do here at Vimukti Pothnal. We are trying to reach the unreached people especially, the lonely, elderly, sick, lonely homeless, and vulnerable people and families in our targeted areas. This is very much appreciated by the people in our locality.
14. **Vimukti Housing Projects:** VCT, for the past few years, opened a new avenue to carry on another challenging mission for Vimukti. Our staff identified a few houses at different places in their worst condition. Construction of houses for the needy with the help of our kind-hearted and generous donors. So far 268 houses have been constructed and handed over to the families. Vimukti is very grateful to all the donors for their timely financial support. In return, we invoke God's blessings on their families. Thanks to one and all for restoring humanity.

X. Conclusion:

A Word of Heartfelt Gratitude...

ACTION TOWARDS CHANGE

"IT IS NOT ENOUGH TO BE COMPASSIONATE - YOU MUST ACT." A quote from The Dalai Lama reflects the story of the Social Action journey of Vimukti charitable Trust® Pothnal. As we reflect on nearly fifteen years of dedicated service at Vimukti Charitable Trust® Pothnal, we are reminded of the power of action in creating meaningful change. Our journey has been made possible through the unwavering support of our donors, local benefactors, and well-wishers, all of whom share our vision for a better life for the less privileged members of our community. As a development and humanitarian organization, we strive to uplift the most marginalized and vulnerable individuals, families, and communities. Our mission is to restore dignity and respect to those we serve, empowering them to lead fulfilling lives. Through our programs, we enhance leadership skills, promote local capacities, and create a nurturing environment. We stand in solidarity with our community, providing relief and rehabilitation in times of need.

Today, I take great pride in expressing our heartfelt gratitude to Rev. Fr. Alwyn Dias, our esteemed President, and all the Trustee Members. Your continuous support, visits, and timely interventions have been instrumental in our progress. We are deeply indebted to all our donors and well-wishers for your generous contributions, which have fueled the growth of our projects. Together, we are not just strengthened; we are made whole in our humanitarian mission. Thank you for standing with us as we work towards a more compassionate and just society.

"Helping hands are better than Praying Lips" - Mother Teresa

Place: Deva Seva Ashrama, Bangaluru

Fr. Maxim D' Silva

Secretary

Date: 04.11.2024

