

ANNUAL REPORT

2022 - 2023



Vimukti Charitable Trust (R)
Jeenur Road Pothnal,
Manvi Taluk, Raichur Dist

VIMUKTI CHARITABLE TRUST ®

BK/IV/39/2000-01

Office Address

SACCIDANANDA, CAPUCHIN PROVINCIALATE,
P.B. No. 1060, Rajajinagar 1st Block, BANGALORE 560 010,
KARNATAKA STATE INDIA.

Ph. 080 233377790/23470178 Fax: 080-23474342

email: vctpothnal@gmail.com, www.capuchinvimukti.com



ANNUAL REPORT 2022-2023

I. Introduction:

“Great opportunities to help others seldom come, but small ones surround us every day” ...

It is with great joy and satisfaction that I am presenting the annual report for 2022-23. At the very outset, I would like to thank, appreciate, and congratulate the great work done by the whole team of VIMUKTI CHARITABLE TRUST® Pothnal (VCT), Management, and the staff for their commitment to the organization, and to the children/young at-risk. We were able to achieve much during the past year because of the involvement of the staff in carrying out our various activities at VIMUKTI. All the activities and achievements are captured and presented in this annual report.

Vimukti has been following the multi-dimensional approach to prevent children from being exposed to risks considering the best interest of the child. The major activities of the organization speak volumes about the gamut of the services offered by Vimukti- street children, City CHILDLINE, Counselling, Community development programmes, child rights promotion, child rights clubs, skill training, Health Care, Advocacy, etc. Vimukti moves forward, relentlessly, making efforts to ensure a bright future for the children suffering from various deprivations on account of no faults of their own. Certainly, the impact of Vimukti is noticeable in many areas where the exploitation and exposure of children to danger have been reduced considerably. Since its existence, it is rendered service to the most vulnerable segments of society in the fields of education, health, rehabilitation of orphan/semi-orphan children, persons with disabilities, HIV/AIDS, and promotion of self-employment for the unorganized youth, improvement of agricultural practices, and prevention of human trafficking among women. The VIUMKTI activities and interventions, this year, touched the lives of over **2, 10,749** children, unorganized youth, rural women, young people, daily labourers, and persons with disability, HIV/AIDS directly through various services and activities

This is also an opportunity for me to consign my sincere thanks and gratitude to *Ensemble Agissons*, France, *Lok Manch* New Delhi, Red ALERT Operation Hyderabad, Karnataka Jesuit Education Society Bangaluru, the Capuchin Province of Emilia-Romagna Italy, the Vimukti Charitable Trust, group Israel, CSR Department Apollo Hospital, Bangaluru and CHILDLINE India Foundation Mumbai (Ministry of Women and Child Development New Delhi). Vimukti programs are mainly oriented toward children's education, protection of child rights, against child abuse and human trafficking, for school dropouts, health management, construction and renovation of houses, women empowerment initiatives, and implementation of Government schemes. Let us collaborate even more and work towards society to make them more responsible to know their rights and the safety measures to live in a society with a sense of freedom.



II. Objectives to be Realized:

- To protect children against child labour.
- To ensure food security and accessibility of provisions to families in desperate need.
- To connect families in crisis with the government, schemes to give them immediate relief.
- To prevent children from being exposed to vulnerable, and abusive conditions.
- To avoid child violence with the aid of "CHILDLINE" Raichur.
- To avert human trafficking and child marriage.
- To develop necessary training skills for the unemployed youth.
- To initiate social action groups against exploitative structures of the society.
- To create opportunities for skill development training for adolescent girls.
- To organize programs for the holistic development of women and children.
- Awareness programs to eradicate child labor, child marriage, and school drop-out.

III. Our core programs:

- Education and Vocational skills
- Health:
 - Reduce the incidence of HIV/AIDS
 - Malnourishment
- Child Rights and Protection
- Women Empowerment
- Livelihood
- Natural resource management
Community-managed disaster risk reduction.
- Vocational Training
- Capacity Building
- Network and Alliance Building

IV. Core Values:

- Hope
- Transparency
- Commitment
- Respect
- Accountability

V. **Our Goal:** To actively participate in achieving the United Nation's Sustainable Development Goals (SDG) in partnership with members- organizations, Sponsors, Government Departments, other like-minded NGOs, institutions, and individuals.

VI. Awards and Recognitions:

- Vimukti Director Fr. Sathish Fernandes Received the **MAHANTHSREE STATE AWARD -2022, and KANNADA RAJYOTSAVA AWARD- 2022** for his undeterred and relentless service towards the welfare of children, youth, and women at risk in Raichur district held on 20th November 2022 at Siddaram Jambldini auditorium Raichur and District award, during the Eleventh District level meeting of 'Kannada Sahitya Sammelana' held at Ligasugur on 11th December 2022.



VII. Highlights of the year 2022-2023

- 2, 10,749 children, youth, and women benefited from VIMUKTI through its various projects and services throughout the year (2022-23).
- Birth registration of 123 new-born babies and immunization follow-up of 89 children were done.
- 23MAM (Moderate acute Malnutrition) children were referred to various hospitals and treatment was given.
- 39 SAM (Severe acute malnutrition) children were referred and treated in NRC at RIMS.
- SAM survey was carried out for 52 children in the communities.
- VIMUKTI surveyed to identify less privileged children and families and children on the streets. 133 children in need of care and protection were identified.
- 12 girls were enrolled in vocational skill training.
- 25 Food kits and dry rations were distributed to children and poor families in our communities who were in financial distress.
- 35 awareness programmes on issues related to children were in communities and public places, reaching out to more than 5000 people. Door-to-door awareness was carried out community members were empowered with information on child rights, child rights violations, and CHILDLINE services.
- Special awareness programmes on the occasions of World Environment Day, Child Rights Week, Deepavali with the poor, Christmas and ugadi with migrates, Christmas with the sponsor children, International Women's Day, Human Rights Day, Shaale Kade Nanna Nade, were carried out in the communities.
- 1156 children were empowered through 21 life skill workshops.
- 132 street-connected girls were provided with menstrual kits.
- 156 teachers/educators were trained on child-centered laws through training.
- 2350 community members were sensitized through 12 community rallies.
- 79 media hits recorded in various newspapers, magazines, and online portals.
- 329 youth were empowered financially, and socially through entrepreneurship and skill development programmes.
- 83 dropout children were provided with "Life-Skill training" touching various aspects of the children's street life.
- Around 125 children were mainstreamed in government schools.
- 11 unorganized youth encouraged and admitted to vocational training courses.
- We got in touch with around 300 youth. Out of them, 250 youth attended the vimukti activities regularly.
- 3589 community members were sensitized through various awareness-generation activities.
- We have distributed 72,000 Pamphlets, Stickers, Posters, and wall writings on various rights, and health issues and created enormous identification and impact among the public.
- Actively involved input sessions are organized and motivated concerned authorities to conduct 59 Makkala Grama Sabha at various Grama Panchayats in the Raichur District more than 4500 children and 3000 stakeholders participated and benefited.
- Around 452 letters and memorandums on various issues were submitted to the concerned departments to tap the government schemes and to demand several facilities in the schools,



AWCs, PHCs, communities, etc., by the children, unorganized youths, women and community people, as result **25,689** people have benefitted from these programs.

- We have linked **254** orphans, and semi-orphan children for a sponsorship program where every child will be getting **Rs. 2000** per month for three years or up to 18 years.
- **122** very poor children were referred to higher medical treatment in various super specialty hospitals for, cancer, disability, heart diseases, mental disorder, etc.,
- Periodically conducted CAB and TAB meetings with the line- departments at District and Talukas levels on child rights issues.
- **156** differently-abled persons identified and supported to get the benefits from the Government.
- **250** unorganized youths profited from training programmes on social analysis, social justice, social harmony, minority rights, skill development, study on the constitution of India, on rights of scheduled caste and scheduled tribes, minority rights, and availing welfare schemes for the unorganized sector.

VIII. Community Outreach Programmes

1. **VIMUKTI'S intervention in the Community:** VCT involved itself in a women's empowerment program from the inception that promotes women to assert and enjoy their rights. VCT by organizing regular orientation and training for SHG members and employees involved in empowering women so that they confidently assert their rights and live a life of self-worth, respect, and dignity. VCT carries out a women's empowerment program with the support of donor agencies, we can educate and build the capacity of the people who are part of these groups. This was done through the formation and strengthening of 30 self-help groups in 16 villages of Manvi taluka, Raichur Dist. We try to convince them that they possess leadership skills and they must make other women better. The community development programs of VCT guide the communities with strong local networks, to be resilient and considerate towards the social issues. For instance, women's groups and child rights clubs help to empower women and children to play vital roles in coming together to campaign against child labour, human trafficking, and school dropouts and support causes like livelihood and gender equity. Through the development projects, VCT has facilitated in creating the sustainable communities and reached out to **87,394** women and children through innovative and result-oriented community development initiatives.

Testimonies from our beneficiaries....

2. **Unity in Strength...**

Malkapura village is a very remote underdeveloped village in Manvi Taluka, Raichur Dist. Mrs. Eyshamma formed the Community Convergence Facilitation Forum (CCFF) and the Village Development Committee (VDC) brought together the members and discussed the burning issues of the non-functioning of the PDS system in their village. As a result, CCFF and VDC members came together under the leadership of Eyshamma and gave a memorandum to the concerned higher authority and demanded that they should give in writing that will solve this problem without delay. To their surprise, their demand yielded results and the food grains were distributed within a short period. Eyshamma is an example of leadership, that when there is teamwork and collaboration, wonderful things can be achieved.



3. **Yenkoba the poor farmer became the inspiring leader to his village...**Yenkoba hailing from Devipura is a poor farmer. For many years Vimukti conducted humanitarian work in our village. I was edified by their humane and dedicated service. Like Vimukti I too wanted to make a difference in my life in a little way by serving others. When I expressed my desire, they motivated me to become the VDC president in my village. I was given a lot of training on good leadership skills and to tap the various government schemes to reach out to the people. Today, with all the training I can bring most of all the government schemes to my village. The community says: Yenkoba is an inspiring leader in our village.

Annexure I: Projects Various Trainings implemented and their impact

S. No.	Training	Beneficiaries -				
		children	Youth	Men	Women	House olds
1	Community Convergence Facilitation Forum (CCFF) leaders training on self-employment	-	45	98	153	296
2	Empowerment of Women Through Legal Awareness Training	-	241	-	856	1097
3.	Skill Development and income generating training program	-	682	199	243	1124
4.	60 days of rigorous Dr. Babu Jagjivan Ram leather industries development training program	-	-	4	26	30
5.	Two months of intensive training for Women on tailoring, Embroidery & designing	-	52	-	28	80
6.	Five days of intensive Entrepreneurship Development Programme for Women	-	45	-	25	70
7.	Training program on Professional Skills for Women	-	-	-	135	135
8.	Door to Door Dr. Ambedkar Abhiyana	-	-	-	-	1560
9.	Currier Guidance Training Program for Youth	-	1054	-	-	1054
10.	Training for women in Gram Sabha	-	-	-	1258	1258
11.	Training for youth and women on the Constitution	-	156	485	1245	1886
12.	Unorganized youth formation training	-	1259	-	-	1259
13.	Life skill training program for youth	-	527	-	-	527
14.	Training on bank transactions and savings for SHG members	-	-	-	1150	1150



15.	Awareness on various Panchayat schemes training for the community	-	253	420	823	1496
16.	Training on Personality development for unorganized youths	-	1058	-	-	1058
17.	Training Community leaders on Communication and facilitation skills	-	-	265	354	610
18.	voting Awareness program	-	576	467	1023	2066
19.	Sports day for unorganized youths in the villages	-	285	-	-	285
20.	Leadership training program for unorganized youths	-	1125	-	-	1125
21.	Encouraging and Enrolling farmers for the Kisan Samman Scheme	-	-	1069	854	1923
22.	Training to Lok Manch leaders on available government facilities to the farmers	-	-	225	-	225
23.	Training on panchayat Raj institutions for Community	-	564	785	920	2269
24.	Climate change training the community people	2035	286	512	2096	4929
25.	Climate change Training on Community leaders	-	842	2016	2513	5371
26.	MNREGA Training to VDC and CCFF members	-	-	450	322	772
27.	PDS Training to 16 village leaders	-	758	2010	2321	5089
28.	Social Security training for VDC and CCFF members in the villages	-	231	1803	2816	4850
29.	JJM scheme Training for VDC and CCFF members in the villages	-	170	269	315	754
30.	Water and Sanitation and WASH training for the Community	1056	310	894	1234	3494
31.	Self-employment training for women	-	-	-	654	654
32.	Training on Panchayat Raj Institutions & good governance - YOUTH	-	315	-	-	315
33.	self-employment loans for SHG members and unorganized youths	-	45	-	321	366
34.	Training program on human trafficking to children, women, and men	8563	2564	3234	5479	19840
35.	Training on waste management systems for children and the community	1823	410	846	1012	4091
36.	Training on cybercrime	-	310	-	-	310
37.	Revolving funds for income-generation activities	-	240	-	80	320
38.	Revolving fund for self-employment activities - youth	-	10	-	-	40
Total		13477	14173	16051	28256	72227



Annexure 2: Projects Supported Migrated Families

S. No.	Training	Beneficiaries				
		children	Youth	Men	Women	Households
1.	Celebrates Christmas with migrant families	95	60	120	225	500
2.	Ugadi -festival with migrant families	45	53	104	354	556
3.	Migrants survey to help them to get jobs	-	72	295	398	765
4.	Ration kit distribution for migrant families and orphan, semi orphan and HIV/AIDS families	-	-	-	-	560
5.	Cloth Distribution to the migrant families	-	-	-	-	351
6.	Food Distribution to the migrant families	-	-	-	-	654
7.	Hygienic kit Distribution to migrant families	-	-	-	-	258
8.	Easter Celebrates with Migration with migrant families	-	-	-	-	257
9.	Health check-up for migrant families	-	--	-	-	354
	Total	140	185	519	977	4255

IX. Child Welfare Programmes

1. **Empowering children with a quality education:** Children and young people are the most vulnerable group in society. They fall prey to the evil menaces of society such as child laborers, domestic violence, and family disintegration which leads them to the street, consumption of drugs, and infection of various diseases. VCT took some valid measures to provide shelter, support, and education to ensure the welfare of these children and young people. The projects aimed to build self-confidence and instill hope in the lives of these children and youth. They have begun to enjoy their rights to care, protection, and education. They also confidently assert their rights and give voice to the critical issues that affect them and their peers. VCT educational outreach programmes help many of the most vulnerable children gain the qualifications, skills, and confidence they need to become independent, self-reliant adults.

Testimonies from our beneficiaries....

2. **Hard work never goes in vain....**

Yashodha aged 16 hails from Amareshwara camp, Manvi Taluka, Raichur District had a very tough time from an early age itself. Her father deserted the family when she was a little girl. During the family struggle, she used to earn her living as a domestic servant with a minimum of Rs.800/- per month. For the past year, her mother has been suffering from depression and is bedridden. In this dire situation, the family responsibility falls on Yashodha. She must get up early morning to continue the work of her mother as a domestic servant. After completing her work, she has to rush back home to do the household chores and has to travel three kilometres to attend her schooling. With all these struggles and burdens never let her down to pursue what she desired in her life. Her continuous efforts paved the path to getting



selected for the state-level Volleyball and throwball competition. She played a great role in winning the trophy for the school. She says: 'Hard work never goes in vain, it brings due rewards at the right time'.

3. Vimukti changed my Life's Journey...

I am Husenamma, hailing from Malkapura. I belong to a poor family. I had a great desire to do my schooling but my parents did not agree to send me to the school. In my great sorrow, the Vimukti Trust came as a greater help and convinced my parents and as a result, I was able to complete my Grade 01-10. Even after my grade 10, I wanted to study more but my parents told me to go to Bangalore to look for a job. During this time Vimukti stood by me and I was able to complete my PU education. Today I can say Vimukti Trust stands as a Temple because it imparts God's blessings through their generous work. I thank Vimukti and my sponsor BOYER Alain et Maryna for your constant guiding support and financial help. Through the Vimukti Trust, you have changed my life's journey and have helped me pursue my dreams.

4. Timely intervention brightens up my future.

I Ashwini from Markamdinni hailing from a poor family had the desire to study grade 9. After my elder sister's marriage, they sent me along with my sister to Bangalore for work. When Vimukti learned about my absence from my family during their visit parents were counselled and the timely motivation brought me back to my home. Immediately after my arrival Vimukti staff took me to the school and made provision to continue my education and write my grade 9 exams. The school and family environment changed my life as a result I could complete my grade 10 exams. I am proud to be the sponsor daughter of MARTIN Thierry.

5. Self-belief and hard work will always earn you success.....

Mallamma and Devamma come from a very poor family background. At a young age, they lost their beloved mother. They lived in a sheer hut. When the Vimukti staff went around the village, they saw Mallamma cooking outside their hut. Looking at the pathetic situation Vimukti staff intervened with the little child to know that they had lost their mother during the delivery of her last sister. They met the father of their children and made him understand the importance of education and the needed good environment to grow. Both the sisters were enrolled in Vimukti boarding and admitted to the school. Always they came out with flying colours in their education and extra-curricular activities. Recently, Mallamma was selected for the state-level throw-ball games from their school. She became the lead to bring the proud moments to the school by winning 1st place. Today Mallamma and Devamma are great inspirations to all the children in the school and the boarding.

6. Chandrakala the dream chaser....

Chandrakala is from Devipura village. To maintain their daily living her mother being the sole bread winner works as a midday meal cook in the school. Father was very sick and not able to work for a longer period. Educating three children was a challenging task for her. Understanding the real situation Vimukti intervened and enrolled Chandrakala for the sponsorship program. She took this opportunity as a challenge to chase her dream of being a nurse. As a result, every hurdle she converted into flying



colours and has reached the 2nd year of General Nursing midwifery (GNM). Today I find real joy while I serve the patients during my internship program.

7. Praveen climbs the ladder of success:

I am Praveen from Belvata Village, Manvi, Raichur District. I am the youngest in the family. When I was 9 years old, my father passed away. My mother is also affected by the illness and she is not able to earn her daily bread for the family. Our family solely maintained with the government ration and the widow pension. During this phase of life, Vimukti came to know about our struggles, and for better motivation they enrolled me in the sponsorship program for education. With their help, I could finish my entire education and thereafter ITI. Today I am proud to work in the recognized TCS Company in Bangalore as a consultant officer. Thanks to Vimukti for helping me to trod the path towards self-sufficiency.

8. The right action at the right time saves life....

Huligamma (N is changed) was born and brought up in Arenahalli, Manvi, Raichur District. Her family conditions are very poor. She studies in 9 std. Vimukti conducted an awareness program on human trafficking in her school. Among the various child rights inputs child marriage became the turning point in her life because at an early age, she was engaged against her will and wish. Getting motivated from this session she called the child helpline 1098 and sought help for protection. The child helpline authority visited her family and gave awareness regarding the child's rights and their impact. As a result, she was saved from the evil practice of child marriage. As she continues her studies, she becomes the ambassador to motivate other children in her vicinity. She is very grateful to Vimukti for conducting the program at the right time.

Annexure 3: Projects Various Child Rights Training implemented and their impact:

S. No	Training	Beneficiaries				
		children	Youths	Men	Women	households
1	The educational kit Distribution program	2578	82	-	-	2660
2	Evening Tuition class in 16 villages	2758	-	-	-	2758
3	Supported Higher education Program	-	572	-	-	572
4	Educational exposure visits to historical places Manvi	125	-	-	-	125
5	First – Aid box kit Distribution for Schools	35	-	-	-	35
6	Sponsorship educational day	296	-	-	-	296
7	Sponsor's Celebration Day Program	285	-	-	-	285
8	Dropout children's family visits and support the education	275	-	-	-	275
9	Child labour day program and visit to the fields to identify the children	386	-	-	-	386
10	Education kits Distribution to stop School Dropouts	965	-	-	-	965



11	Children's Education Excursion program	691	-	-	-	691
12	children visit at police station (open house program)	235	-	-	-	235
13	Children March to School Abhiyan (Makkala 'Nade Shale Kade'):	890	310	-	-	1200
14	Summer Camps for children in the villages	1526	-	-	-	1526
15	Training to children in Makkala Gram Sabha in 16 villages	2946	982	-	-	3928
16	Entitlements and Empowerment of the Children	3256	198	-	-	3454
17	Training on child marriage and its effects	2800	86	-	-	2886
	Total	20047	2230			22277

Annexure 4: Projects Various child Protection Training implemented and their impact:

S. No	Training	Beneficiaries				
		Children	Youth	Men	Women	Household
1.	Formation of adolescent girls' clubs and children's clubs	810	-	-	-	810
2.	Children Fest program	1059	-	-	-	1059
3.	Child Rights Training in Schools	15365	-	-	-	15365
4.	State-level Children's Parliament training program	60	--	-	-	60
5.	Adolescent girls training	578	-	-	-	578
6.	Child protection and child rights training for children in the villages	12389	-	-	-	12389
7.	Training on Makkal Gram Sabha to children	23548	-	-	-	23548
8.	1098 awareness training to children, youth, and community	2354	542	468	811	4175
9.	Training on child labour, child marriage, child dropouts, POCSO, and various child-related acts	12485	--	-	-	12485
10.	Leadership training to children.	6834	-	-	-	6834
11.	Keep away children from mobile training programs the children in the schools	865	-	-	-	865
12.	Creating awareness on 'BETI BACHAO, BETI PADHAO YOJANA'	451	-	-	113	564
13.	Go Green Awareness program	2112	123	459	235	2929
14.	Total	78910	665	927	1159	81661



XI. Vimukti CHILDLINE (1098): An Emergency Child Helpline Service

1. **CHILDLINE at RAICHUR:** Vimukti works for the protection of the rights of all children in general. But the organization's specific focus is on all children in need of care and protection, especially the more vulnerable sections, which include; children and youth on the streets, child laborer's working in the unorganized and organized sectors, Domestic help- especially girls domestic helps, children affected physical/sexual/emotional abuse in the family, schools or institutions, children who need emotional supports and guidance, children of commercial sex workers, victims of child trafficking, children abandoned by parents or guardians, missing children, runaway children, children who are victims of substance abuse. Differently-abled children, mentally challenged children, HIV/AIDS-infected children, and children whose families are in crises, etc. This year the CHILDLINE, Raichur was able to handle **2789** cases.

Annexure 5. CHILDLINE Call Statistics

Sl. No	Particulars	Reach Out (Intervention)
1.	Children whose families are in crises	142
2.	Hostel facility	86
3.	Missing children	32
4.	Runaway children	20
5.	Children affected by physical/sexual/emotional abuse in the family, schools, or institutions and who need emotional support, counselling, and guidance	268
6.	Drop out children	265
7.	Child laborers working in the un-organized and organized sectors	285
8.	Providing School facilities	212
9.	Street children	75
10.	Medical Facility	158
11.	Domestic help, especially girl domestics	57
12.	Child Marriage	255
13.	Differently abled children	145
14.	child trafficking	45
15.	Children abandoned by parents or guardians	35
16.	HIV/AIDS-infected and affected children	89
17.	Children who are victims of substance abuse	83
18.	Children in conflict with the law	20
19.	Beggary	350
20.	Child victims of the flesh trade	05
21.	Corporal punishment	150
22.	Identified/unidentified death calls	35
23.	Miscellaneous	25
Grand Total		2789



Annexure 6 -Training Organized

SL. No.	Topics	Trainings	Beneficiaries
01	Child Rights training	12	1300
02	Adolescent girls' training	10	1050
03	Makala Gram Sabha trainings	3	750
04	Leadership training for the children	4	245
05	Child protection acts: - POCSO-2012, RTE-2009, JJA-2015, child and adolescent labour (prohibition and Regulation) Act 1986, the child labour (prohibition and Regulation) amendment act, 2016, child labour amendment act, 2006, bonded labour system abolition act, the child marriage prohibition act, 2006, Karnataka amended act, 2018, immoral traffic prevention act, 1986 to BEOs, CDPOs, CRPOs, Polices inspectors, Police head constables, WPCs, CWOs, SJPU, DCPU, one-stop center staff, Swadhar, Santhwana staff, ASHA, Head Masters, Teachers, Supervisors, AWC workers, Tahsildars, Revenue inspectors, village accountants, PDOs, Hostel wardens, all minority and backward communities, child welfare officers, GP, SDMC members, etc.	30	3560
Total		59	6905

X. PROJECT "HEALTH FOR ALL"

1 Free Health Check-up Camps

Health for All project conducts periodic health camps with the sacred aim of bringing awareness amongst the deprived population of our targeted remote villages, who have no proper access to basic healthcare services or knowledge about the diseases they are suffering from. So, health camps provide free medical advice, and free medicine to unfortunate people and refer them for specialized treatment or surgery whenever it is required. Vimukti camps make sure people are getting healthcare at the right time and see the doctor early enough before a small health problem turns serious. Secondly, these health drives have created awareness among poor people of the significance of routine check-ups and the importance of maintaining a healthy lifestyle. During the Screening staff nurse shared easy healthcare tips and counsel about dos and Don'ts to lead a healthy life.

2. **Mobile Health education:** Vimukti staff works tirelessly to provide medical care and attention to the sponsor children's families, communities, and the surrounding areas. VCT Provides immediate care to those in need by way of first aid, medication, and hospital visits. The mobile health team educates people from the community and the children about health care to reduce the occurrence and spread of diseases. The staff nurse diagnoses illnesses at an early stage with regular medical checkups, paving the way for timely treatment. Fever, various infectious skin diseases such as scabies, wounds and injuries, tuberculosis, fractures, dental problems, eye problems, psychological problems, dengue, ENT problems, and animal bites, were the most common medical problems seen in the children during the year. Some children were assisted in acquiring disability certificates to enable them to attend special schools. Apart from distributing medicines, the Mobile Health project also provides health education to children, so they can protect themselves from diseases. Vimukti staff nurse gave health education sessions on various topics such as health and hygiene to children, anemia, waterborne disease, less



nutritious diet, dengue, menstruation, health and hygiene, dental diseases, and skill development was covered.

3. **Counseling:** Adverse childhood experiences of the children on the streets include abuse, neglect, witnessing violence, losing loved ones, being separated from biological parents, becoming victims of physical and sexual abuse, trafficking, etc. as a result, they often show signs of abnormal behaviour, like anxiety, irritability, violence, depression, phobia, distractibility, etc. our staff nurse and ChildLine counsellors in Vimukti provide counseling at different stages of intervention which results in new insights and tools that provide meaning, positive emotions, coping skills, self-evaluation and a healthier sense of self-worth. During the past year, around 111 rescued children were given counseling regularly.

4. **Key Achievements of the Mobile Health Clinic:**

- ❖ 27 outreach activities, including health education sessions, group meetings, and one-on-one counselling sessions, were held to improve the health status of vulnerable female adolescents who lived and worked close to the intervention region.
- ❖ 280 teenage girls in all received health care and sensitization about adolescent body changes.
- ❖ The mobile health clinic facility provided primary health care services to 1080 low-income individuals, 75% of whom were female.
- ❖ A health message about maternity and child health, sanitation, infectious and non-communicable diseases, social challenges, etc. was delivered to 453 people.
- ❖ Periodic medical screening camps for the underprivileged and economically disadvantaged on diseases like TB, polio, skin burns, Malaria, and chikungunya, among others. Ongoing education about personal hygiene and child healthcare, including promoting
- ❖ A total of 583 adolescent girls were sensitized to adolescent body changes and treated for health conditions.
- ❖ 25,339 poor people availed of primary health care services from the mobile health clinic facility, among which 75% were women and children.

Testimonies from our beneficiaries....

1. **Timely intervention saves the mother and the child.** Kalpanadevi aged 38 from Hyderabad is six months expectant mother. She belongs to the migrant family. For their survival, they go from one place to the other and live in a tent. Four months ago, Vimukti staff nurse happened to meet this family during the health check-up camp. When they observed her scanning report, they came to know that she had almost completed her 10 months of pregnancy without a clue of labour pain. Since she was looking very weak and the situation was very complicated, she was counseled along with her husband and brought to their awareness that she should get admitted immediately for further investigation. Upon admission, she was immediately operated and both the mother and the child were saved. The family is grateful to Vimukti for their timely intervention.
2. **Relief from Suffering and Pain:** I, Renukha, 38 from Jeenoor village of Manvi Taluka, India, living with my husband Yenkappa. Beautiful 22 years of marital life suddenly changed into a traumatic one with the experience of sexually transmitted disease for the past two years. I was experiencing shame, sadness, and disturbances because I could not tell anyone about what I felt and lived. I began to exclude myself from my friends and family. It was a great struggle for me



even to share with the Vimukti staff nurse during the health camp. When the staff nurse inquired more about my health and aloofness, slowly with difficulties I opened up to her about my problems. Through the continued counseling, support, and advice I was prepared for the treatment. She accompanied me to a specialist and now with the treatment my health is getting improved. Sincere thanks to Vimukti for the timely intervention and the motivation.

Annexure 7: Health for all, Various Trainings implemented and their impact

S. No	Training	Beneficiaries				
		Children	Youth	Men	Women	Household
1	Free Health Camps in 35 villages	1050	670	625	1275	3620
2	TB Awareness Camps in two villages	375	156	23	67	621
3	Ayurvedic Medicine camps three	-	8	15	119	142
4	Dengue Hemaregic Awareness programme two villages	156	65	38	323	582
5	HIV /AIDS Awareness camps	826	350	749	66	2591
6	Protein powder distribution camps in four units	249	-	-	-	249
7	Parliament Children Health checkup camps	350	-	-	-	350
8	Health Awareness camps	850	270	395	970	2485
9	Nutrition Food Awareness camps	55	-	-	85	140
10	Communicable And Non-Communicable Diseases Awareness Programs	760	195	358	560	1873
11	Breastfeeding training five camps	-	-	-	135	135
12	Skybiosis and sorayasis Awareness Program	275	74	53	156	558
13	Jaundices Awareness Program	198	58	102	138	496
14	Breast Cancer Awareness programs in two villages	-	-	-	145	145
15	Family Planning Awareness program in two units	-	-	105	123	228
16	Health checkup for adolescent girls	-	1298	-	-	1298
17	Counselling sessions conducted for adolescent girls	-	86	-	-	86
18	Brain Fever Awareness program in one unit	-	-	28	45	73
19	Doorstep Medical Services	350	168	35	578	1131
20	VHSC training to Lok Manch leaders in the villages	-	520	948	1248	2716
21	Weight and height check-up of school children	1785	-	-	-	1785
22	Awareness on Arogya Karnataka Bhagya Scheme	-	435	827	653	1915
23	Blood Donation camp	-	156	18	-	174
24	Hygienic kit Distribution for Adolescent girls	-	1235	-	-	1235
25	Counselling to breastfeeding to ANC/PNC	-	-	-	189	189
26	Awareness of Substance Abuse: unorganized youths	-	310	-	-	310
27	Awareness of mental health	156	-	-	56	212
	Total	7435	6054	4319	7531	25339

XI. Ongoing Programmes:

- 1. Educational outreach for rural children:** it is often difficult for children in poor government schools to achieve their potential. Some are unable to attend school regularly due to family poverty, or perhaps they are first-generation learners and their parents are not able to provide the right support and encouragement. VCT education outreach programmes are targeted at increasing the educational



attainment of the most disadvantaged children attending poor, rural government schools. Our few tuition centers in rural villages, give children from homes where it is difficult to study a place to do their homework. The children who use the centers also receive free books, educational materials, etc. in 2022-2023, 459 children benefited from this program.

2. **Safe Village Program:** The Safe Village Program is aimed at building child trafficking awareness among rural communities across villages of Raichur District. The programme adopts a holistic approach and focuses on sensitizing at-risk community members about child trafficking, its causes, and risk factors, creating awareness about ways to prevent child trafficking, sustaining awareness, and conducting vulnerability reduction workshops. It aims to mobilize communities to keep their children safe from trafficking. So far 107 safe villages have been conducted, 80 Rakshaks, 60 Nodal teachers, 46 Gram Mitras, 33 community leaders, 219 stakeholders, 57,852 people have been reached and 25,667 safe village program books have been distributed.
3. **Nonformal Education:** VCT works with underprivileged, semi-orphaned, and immigrant children; its educational role is not immediately apparent. However, activities include impromptu games, just hanging out as a group, or planning various social skill exercises, social values, conventions, etc. Additionally, VCT offered a range of services, including recreation, counseling, play-based instruction in reading and writing, and sketching. 85 kids have been enrolled in the district's various schools so far this school year.
4. **Summer Camps for Children:** Summer camps for Children play a vital role in the development of their Personalities. VCT organizes summer camps at Vimukti Premises. Our Vimukti children proudly initiated the co-curriculum extracurricular activities like dance, music, singing, drawing, and other activities. As the enriching and revitalizing power of these activities was already palpable in the students, Vimukti tried to give these children a bit of value education and personality development skills during their holidays. Nearly 890 children attended the program and benefited from this summer camp.
5. **Vimukti Sponsorship Programme aims at shaping a positive future for Children from Marginalized Communities:** The Vimukti Pothnal Sponsorship programme seeks to provide a bright future for young people from underprivileged backgrounds who struggle to meet their fundamental needs. Even while VCT works with many kids in the neighborhood, we have found that kids who have one or both of their parents are among the most vulnerable. Although many orphaned children are adopted by extended families, this often results in the youngsters having to leave childhood behind because of the additional strain on the family's resources. The best possible start in life is given to their kids through the VCT sponsorship programme. Quality education is now essential in today's increasingly globalized world for kids to advance and give at least one youngster a chance for a better life.
6. **Recreation and Relaxation:** Believing in the words of Aristotle "*educating the mind without educating the heart is no education at all*". The time they spent having fun was incredibly fruitful since it allowed them to form friendships, mingle, and share their joy and hilarious stories. It was also a chance for them to renew their spirits and minds. They became intelligent and spirited thanks to the group activities they engaged in during their leisure time. Outings and picnics were relaxing.
7. **Co-Curricular activities:** They were given additional opportunities to develop their skills and make them manifest in addition to opportunities to advance intellectually and spiritually. On Talents Week, many competitions were held; these kinds of occasions aided in the development of their overall



- energy, self-assurance, and expertise. They also had other opportunities while boarding to go to motivational speeches and conferences, which helped them become more aware.
8. **Raichur Network of NGOs:** Advocacy, collaboration, and networking have become the bywords of global civil society engagements, especially in the context of many violations of the rights of the people, the poor, and the marginalized. It is in this context that VCT has been consistently engaged in networking with other like-minded NGOs on various Right based issues.
 9. **Distribution of food items to the poor families:** Throughout the year, every month, VCT Pothnal tries to identify very poor deserving families, and widows with no one to take care of, and distributes food items like rice, dal, oil, milk powder, sugar, grams, etc. it was a great blessing for the poor people in the time of their survival. We thank the generous donors for their timely help, support, and sacrifice. God bless their families in hundredfold blessings.
 10. **Free workshops: Educational Help to Poor Students:** VCT Pothnal is at the forefront of providing educational scholarships to poor down-trodden students. Education is one of the ways of uplifting the lives of people. VCT is regularly on the lookout for poor students who study well but do not have money to spend. We select such students and support for their education.
 11. **Personality Development:** The improvement of awareness and identity, the development of talents and potential, the creation of human capital and facilities for employability, the improvement of quality of life, and the contribution to the realization of dreams and aspirations all fall under the umbrella of personality development. The idea encompasses both official and informal efforts to help others grow and is not just confined to self-help. A mature and wise person can have a rich and content life because they know how to maximize their potential. At the VCT, we assist individuals in creating a fully formed, mature, and composed personality. The major subjects covered in these seminars are developing self-discipline, changing habits, self-esteem development, effective communication, strengths and weaknesses, self-motivation, self-understanding, positive thinking, and happiness.
 12. **Vocational Training:** For rural women, tailoring is a very good source of income. In addition to their regular domestic duties, they also work extra hours at home during their free time, raising their family's income and standard of life. 158 girls and women received training, improved their sewing and cutting abilities, and became self-reliant.
 13. **Preparing adolescents to be better adults:** To promote their mental and physical hygiene and help them grow into healthy adults, the project arranged numerous courses for adolescent boys and girls on many topics linked to the adolescent stage of life. The many facets include stress management, problem-solving abilities development, positive thinking, sexual and reproductive health, interpersonal relationships, time management, and raising responsible kids at home, school, and in the community, etc. This programme has assisted close to 1258 kids.
 14. **Media Reports:** VIMUKTI's initiatives have been reported by the media more than 79 times in an entire year for its various innovations, meetings, and collaborative initiatives. This has created ample visibility about the issues and the organization itself, which leads to substantial support for the welfare of street children.
 15. **Capacity building of community leaders:** "Community leadership" being the *mantra* of VCT, for the past six years Vimukti has been strengthening Community Leaders. As part of the empowerment approach, and considering the sustainability of community-level processes, CLs play a very important role. They are trained on diverse leadership skills, thematic areas of under six rights (Right to Food, Education, WASH, Health, Adequate Housing and Social Protection), and digital communication. The capacity building of CLs is done through periodic customized training programmes and they are further provided handholding support through a network of thematic experts drawn from civil society. our community leaders are well-trained and actively involved in tapping the government schemes and entitlements for their respective villages.
 16. **Community Convergence Facilitation Forums (CCFFs)** Vimukti has formed Community Facilitation Forums in its targeted villages at Manvi taluka. It works for at least one thematic committee



on any of the 6 rights (Right to Food, Education, WASH, Health, Adequate Housing, and Social Protection) which are formed in each of the Panchayats in the intervention areas to link with government departments. The thematic committee is led by Community leaders in each panchayat and empowers the community to enhance access to government schemes and entitlements very effectively. nearly 350 Community Convergence Facilitation Forum members are benefiting from this training.

17. **Sneha Jyothi Child Care Center:** Vimukti comes across several cases of neglect and abandoned children. To support and care for these children we accommodate them in our *Sneha Jyothi child care center*. In the year 2022-2023, we accommodated around 58 poor, orphan, and semi orphan children. These children study in three different schools. Their presence brings joy and happiness to the premises of Vimukti. They are well taken care of by a warden who looks after their holistic growth and a domestic staff who serves delicious food with the monitoring of the director of Vimukti. These children are also supported with school fees, books, stationery, uniforms, medicines, etc.
18. **Reaching out to the poor:** Reaching out to the poor and the needy is the focus of all ministries that we do here at Vimukti Pothnal. We are trying to reach the unreached people especially, the lonely, elderly, sick, lonely homeless, and vulnerable people and families in our targeted areas. This is very much appreciated by the people in our locality.
19. **Vimukti Housing Projects:** VCT, for the past few years, opened a new avenue to carry on another challenging mission for Vimukti. Our staff identified a few houses at different places in their worst condition. Construction of houses for the needy with the help of our kind-hearted and generous donors. So far 266 houses have been constructed and handed over to the families. Vimukti is very grateful to all the donors for their timely financial support. In return, we invoke God's blessings on their families. Thanks to one and all for restoring humanity.

Annexure 8: Availing Government facilities

S. No	Training	Beneficiaries				
		Children	Youth	Men	Women	Household
1.	Training to youth on different government schemes	-	324	-	-	324
2.	Adhar card	56	30	162	251	499
3.	Ration card	-	-	-	-	35
4.	Job card	-	-	-	-	6004
5.	E Shram card	-	652	600	1056	2308
-6.	Labour card	-	-	109	-	109
7.	Caste & Income	85	30	59	110	284
8.	New Bank Account	30	39	83	51	203
9.	Health card	-	21	37	18	76
10.	Bhagya lakxmi Bond	5	-	-	-	5
11.	Disability card & bus pass	10	11	2	3	26
12.	Tailoring machines distribution	-	18	6	9	33
13.	Pension	-	--	3	5	8
14.	Scholarship to the orphan, semi-orphan children	560	-	-	-	560
15.	Housing schemes	-	-	-	10	10
	Total	746	1125	1061	1513	10484



Annexure 9: Protection of Environment

S.No	Training	Beneficiary				
		Children	Youth	Men	Women	Household
1.	Eco club Training	2540	-	-	-	2540
2.	Climate Change Training	-	-	985	1956	2941
3.	Distribution of plants	-	-	-	-	198
4.	Total	2540	-	985	1956	5679

Annexure 10: Infrastructure -Availing Government facilities

Infrastructure

S.No	training	Beneficiary				
		Children	Youth	Men	Women	Household
1.	New Houses	-	-	-	-	5
2.	6 toilets	60	-	-	-	60
3.	Total	60	-	-	-	65

20. Conclusion:


A Word of Heartfelt Gratitude...

"The best way to find yourself is to lose yourself in the service of others" - Mahatma Gandhi

VIMUKTI CHARITABLE TRUST® Pothnal has achieved a few significant objectives over the past years which could not have been achieved without the sponsors coming together under the banner of VCT for one cause, one purpose, and one goal- 'transforming the communities through education.' Education is a worth beyond compare that leads to the experience of freedom, and self-sufficiency, and inspires convictions to change towards transformation. I take pride in this moment standing before you the Director representing the entire VCT staff members and sponsored children and their families, unorganized youths, elderly people, and women extend heartfelt gratitude to you Rev. Fr Alwyn Dias, the president, and all the Trustee members for your continuous support, visits, and timely interventions. The Trust remains indebted to all the donors, local benefactors, and well-wishers for their generous contribution to the growth of the project, who desire a better life for their less privileged co-citizens. The VCT works to touch the lives of underprivileged children, unorganized youth, and marginalized communities, from Raichur District- in several ways as explained in this report. In gratitude and gratefulness, let us continue this partnership in 'reaching the unreached' for those who are hardly visible in the mainstream.

Place: Deva Seva Ashrama, Bangaluru
Date: 23.10.2023




Fr. Maxim D Silva
Secretary