

ANNUAL REPORT

2021-2022



Vimukti Charitable Trust (R)
Jeenur Road Pothnal,
Manvi Taluk, Raichur Dist

I. Introduction:

If you can change one life, you can change the world....

On behalf of VIMUKTI CHARITABLE TRUST® Pothnal (VCT), it is indeed my privilege to present the annual report of the VCT ending March 31, 2022. This Annual Report throws light on varied interventions that the VCT carried out for bringing positive change in the lives of the socially and economically poor and marginalized children, unorganized youth, rural women, rural laborers, young people, and daily labourers and persons with disability, HIV/AIDS, etc. The VIMUKTI activities and interventions, this year, touched the lives of more than a thousand children, helping them improve their lives. Through generous support from partners and donors, the VCT made a vital contribution to ensuring these marginalized children, youth, and women access to education, health services, nutrition, livelihood opportunities, financial and social skills, life skills, and protection from abuse.

The VCT aims to provide holistic development to vulnerable and marginalized children through tuition centres, children's clubs, adolescent clubs, and medical health approaches. The VCT provides non-formal education, nutrition, preventive health care, prevention from violence & abuse, recreational activities, sports, and vocational training. The VCT has been engaged in the empowerment of children in Raichur District, making unceasing efforts towards breaking the vicious cycle of their poverty and ensuring easy access to the basic rights of protection, education, healthcare, participation, and opportunities for a livelihood. It works for street children, regardless of gender, origin, or religion, inspired by an underlying ethic of compassion for their vulnerability and extreme marginalization.

All these have led the VCT to evolve as a genuine child-centred organization, caring for the vulnerable children living in the streets, school left out, beggars chilled living in the railway stations, drug addicts, runaway children, and others. Our approach duly covers their need for education, health, and restoration. During the year we effectively implemented various projects, reaching out to over **2, 65,131** children, unorganized youth, rural women, rural laborers, young people, and daily labourers and persons with disability, HIV/AIDS directly through various services and activities.

It is equally satisfying to see the VCT's increasing ability to handle multiple projects through the skilled and dedicated team it has been able to build. To enhance their field knowledge and, skills in working with vulnerable children, youths, and women, they are continuously being groomed through various training programmes and workshops. Quality, credibility, and transparency are not just technical jargon for us. We make sure that they are observed in our day-to-day practices. In the coming year, we look for expanding our work and services to new potential locations with the same values and spirit. This annual report will give you a glimpse of all our activities with the children, the unorganized youth, and the women. This is also an opportunity for me to consign my sincere thanks and gratitude to *Ensemble Agissons*, France, *Lok Manch* New Delhi, Red ALERT Operation Hyderabad, Development Focus Bangalore, Karnataka Jesuit Education Society Bangaluru, the Capuchin Province of Emilia-Romagna Italy, the Vimukti Charitable Trust, group Israel, CSR Department Apollo Hospital, Bangaluru and CHILDLINE India Foundation Mumbai (Ministry of Women and Child Development New Delhi). The programmes are mainly oriented towards child education, protection of child rights, against child abuse and human trafficking, for school dropouts, health management, construction and renovation of houses, women empowerment initiatives, and implementing of Government schemes.

II. Objectives to be Realized:

- To protect children against child labour.
- To ensure food security and accessibility of provisions to families in desperate need.
- To connect families in crisis with the government, schemes to give them immediate relief.
- To prevent children from being exposed to vulnerable, and abusive conditions.
- To avoid child violence with the aid of “CHILDLINE” Raichur.
- To avert human trafficking and child marriage.
- To develop necessary training skills for the unemployed youth.
- To initiate social action groups against exploitative structures of the society.
- To create opportunities for skill development training for adolescent girls.
- To organize programs for the holistic development of women and children.
- Awareness programs to eradicate child labor, child marriage, and school drop-out.

III. Our core programs:

- | | |
|---|---|
| <ul style="list-style-type: none">• Education and Vocational skills• Health:<ul style="list-style-type: none">• Reducethe incidence of HIV/AIDS• Malnourishment• Child Rights and Protection• Women Empowerment | <ul style="list-style-type: none">• Livelihood• Natural resource management• Community-managed disaster risk reduction.• Vocational Training• Capacity Building• Network and Alliance Building |
|---|---|

IV. Core Values:

- | | |
|---|---|
| <ul style="list-style-type: none">• Hope• Transparency | <ul style="list-style-type: none">• Commitment• Respect• Accountability |
|---|---|

V. Our Approach:With your support, we address children’s critical needs by working with sponsored families, teachers, Anganwadi workers, communities, district-level governments as well as the children themselves. We focus on changing behaviours and practices at the ground level,while influencing public policy for advocacy at a systemic level - thereby creating an ecosystem where children are made the nation’s priority. We aim to reach the last child in the hope of enabling brighter futures for children everywhere.

VI. Highlights of the year 2021 - 2022:

- **2, 65,131**children, youthand women benefited from VIMUKTI through its various projects and services throughout the year (2021-22).
- **2457**children were empowered through 59 life skill workshops.
- **956** ration kits distributed during the post-COVID crisis benefitting 4780, migrants, poor families, children, and parents.
- **241**hygiene kits distributed to poor, semi-orphan adolescent girls.
- **342** street-connected girls were provided menstrual kits

- **589** teachers/ educators were trained on child-centred laws through 21 pieces of training.
- **2737** Parents of street-connected children trained on child-centred laws.
- **2304** Community members were sensitized through 12community rallies.
- **198** media hits recorded in various newspapers, magazines, and online portals.
- **321** youth were empowered financially, and socially through entrepreneurship and skill development programmes.
- **143** dropout children provided with “Life-Skill training” touching various aspects of the children’s street life.
- Around **325** children were mainstreamed in government schools.
- **Repatriation**-207 children were restocking to their families.
- This year4 health camps were organized at the center. A total of **286** children benefited from them undergoing various health checkups.
- **21** like-skill workshops were conducted this year; 50 to 65 children participated in each of the workshops. The following topics were covered in the workshops- Road safety, traffic signals, moral values, child rights, safe-touch, and unsafe touch, how to protect oneself from seasonal diseases, education, health,hygiene discrimination manners, etc.
- **456** children were provided Nutrition supplements.
- **28** unorganized youth admitted to vocational training courses.
- We got in touch with around **350** youth. Out of them,**100** youth attended the Vimukti activities regularly (i.e., once a month).
- Organized **5** police training on POCSO Act, Child Rights, JJ Act, etc., around **114** police personnel participated in the pieces of training.
- **523** children got the opportunity to interact with police authorities in 18interface activities.
- **489** children got opportunities to participate in a residential workshop on developing leadership skills.
- Through mass awareness programs, training & rallies on human trafficking, child rights, child sexual abuse, Dengue, HIV/AIDS, Cleanliness, open defecation, Tobacco and Alcohol, Child Marriage, Child labor, Communicable diseases, installation of child lines in Schools**298**- Children **51,180**, Adolescent Girls **4526**, AWCs-**490**, PHCs-**35**, Women-**2587** youth-**4820**,teachers-**1820**, ASHA-**785**, ANM-**245**, Supervisors-**88**, Line department-**130**, Police-**410**, Grama Panchayath - **205**, SHG Groups-**190**, **80**-Collage students-**9600**, Bus Drivers/ conductors-**150**, Auto Drivers-**352**, market/ bus stop and Railway station -**6521** NGOs-**36**, Slums-**1230**, temple-**83**, **42**hostels-**6300**,**32** CCI **1598**, church**43**, judges **26**, press personals**128**, Mosque **42**, community people**5403**, and total beneficiaries **99,200** in **545** villages of Raichur District.
- **3589** community members were sensitized through various awareness-generation activities.
- We have distributed **1, 12,000** Pamphlets, Stickers, Posters, and wall writings on various rights, and health issues and created enormous identification and impact among the public.
- Actively involved input sessions are organized and motivated concerned authorities to conduct **59** Makkala Grama Sabha at various Grama Panchayats in the Raichur District more than **4500** children and **3000** stakeholders participated and benefited.
- Around **852** letters and memorandums on various issues were submitted to the concerned departments to tap the government schemes and to demand several facilities in the schools, AWCs,

PHCs, communities, etc., by the children, unorganized youths, women and community people, as result **25,689** people have benefitted from these programs.

- We have linked **754** orphans, and semi-orphan children for a sponsorship program where every child will be getting **Rs. 2000** per month for three years or up to 18 years.
- **145** very poor children were referred to higher medical treatment in various super specialty hospitals for, cancer, disability, heart diseases, mental disorder, etc.,
- **251MAM** (Moderate acute Malnutrition) children were referred to various hospitals and treatment was given.
- **85 SAM** (Severe acute malnutrition) children were referred and treated in NRC at RIMS.
- Periodically conducted CAB and TAB meetings with the line- departments at District and Talukas levels on child rights issues.
- **11** differently-abled persons identified and supported to get the benefits from the Government.
- **300** unorganized youths profited from training programmes on social analysis, social justice, social harmony, minority rights, skill development, study on the constitution of India, on rights of scheduled caste and scheduled tribes, minority rights, and availing welfare schemes for the unorganized sector.

VII. Housing Projects of Vimukti: ‘Share from the little that you have’ being the motto Vimukti Charitable Trust® was able to reach out to the homeless poor marginalized four families by providing new houses at Pothnal, in Manvi Taluk, Raichur District. For the past many years, it’s been a challenging mission for VCT Pothnal. We identified very poor families in different places in their worst condition and responding to their urgent needs, VCT help them to construct houses for deserving families. To date, VCT has constructed 265 houses, for the needy with the help of our kind-hearted donors. The Vimukti hails the supporters of these projects and invites others to extend their hands in restoring the broken, and deprived humanity towards a just society.

VIII. Testimonial:

Mallamma & Devamma

We both want to work hard and become teachers and help other children like we read and write. This dream of Mallamma and Devamma, both sisters is very soon going to come true as both of them study hard at Vimukti boarding. Both of them earlier used to take care of the household chores and look after the younger siblings, after the death of their beloved mother and father migrated to Bangalore, as daily wage labourers.

Encouraged by the Vimukti staff under the sponsorship program the father started to send the children to the centre. Both willingly attend all the classes and their father also does not miss any of the parent-teacher meetings and is keeping a close track of their children’s academics. Like Mallamma and Devamma other children are also receiving quality education in the same centre.

IX. Community Outreach Programmes

- 1. Tailoring Skills and livelihood support to Women:** Since 2012 VCT is providing skill development training for deprived adolescents & women. Many economically deprived women & girls have started their micro-enterprise by stitching different types of blouses, and Zari works on sarees, and school children's uniforms stitching. With this, they are earning 4500 Rupees per month as supplementary revenue for their family. After this initiative, many changes occurred in the families of poor women and sending of the children to good schools for an excellent education. With this income, parents are able to get educational materials & school tuition fees to their children on time. We have been providing 6 months of skills training in fashion designing courses for women belonging to economically backward sections through teaching classes, and providing raw materials like threads, needles, clothes, and scissors. In each batch, after finishing the skills training, we provided a completion certificate, and conduct an orientation course on marketing skills, helping to avail the loans from the financial institutions, and banks. Women and Girls are getting confidence in themselves and not depending on anyone. Thanks to all the Ensemble Agissons" France donors for your timely help, with your sponsorships we are able to conduct job - oriented skillful training for the women and girls in time as they deserve.
- 2. Vimukti Initiatives to combat trafficking of Women and Children 22,690 Stakeholders benefited from this program:** VCT Pothnal organized mass awareness programs in targeted villages of Manvi, Sindhanoor, Maski, Shirvar talukas, Raichur District, Karnataka. Lack of awareness of human trafficking is the biggest barrier in preventing human trafficking, most of those victimised are either women or minors (consisting of individuals under 18 years of age who are recruited, transported, transferred, harboured, or received for exploitation,). Kidnappers most commonly force women into commercial sex and indentured servitude. Bride trafficking has also been a consistent commodity due to skewed sex ratios in certain areas. Keeping this thought in mind VCT has been creating mass awareness in schools, AWCs, public places, and residential area so that children and women are saved from these evil practices. Nearly **5500** children, **6300** mothers, and **10,890** people have benefited from this program.
- 3. Entrepreneurship development assistance training Program for the Women:** The VCT Pothnal organized enterprise training and Business Development Assistance with Mentorship program at Vimukti premises from 20 to 25 September 2021. Nearly forty selected and interested women were identified from the project area for these five days of the intensive training program, and which was given by Mr. Krishna Sharma from Hyderabad. The main objective of this training was to create a job opportunity for all and to reduce unemployment by encouraging the creation of small businesses that will provide a living for successful entrepreneurs. Furthermore, the programme has a community works component that tackles social exclusion on two fronts at once, offering unemployed people a chance to gain valuable working experience and improve their professional skills while providing services for those who are most at risk of social exclusion. This training focused on a series of measures and activities such as Entrepreneurship training for developing business skills, support in the development of a business plan, and coaching and mentorship support. Nearly 40 SHG members actively participated and benefited from these five days of training programs.

4. **Reaching out to the 5,000 less privileged families with respect by contributing unused usable items:** The concept of this program is to give an underprivileged person a pair of clothes that are as good as dressing him with self-respect. With this objective, we distribute usable garments /decent unused clothes to the poorest of the poor children, men, and women of all ages. To ensure that it reaches out to more and more poor and needy people we distribute these unused clothes directly to them. Vimukti waits for the opportunity and ensures that these decent unused clothes will reach out to deserving people. This saves resources, contributes tonature, and helps to bridge the gap between surplus and shortage. This is not something new for us, so far, we have been able to distribute these items to more than 5,000 families.
5. **One-day training on various Government Schemes:** The Vimukti Charitable Trust ® Pothnal conducted an informative training program for the youths to know, and utilize the available Government Schemes. The VCT had invited the resource person Mr Mahalingappa gave detailed useful information on the government's 33 departments like SCSP/TSP under the scheme on youth self-employment, land rights, *Ganga Kalyana* Scheme, Individual Irrigation, Borewell Scheme, how to avail a relief to the scheduled caste victims of atrocities scheme, and various scholarship for the children and lot more information on how to tap the various financial benefits and schemes from the 33 government departments come under the talukas. 70 unorganized youth were able to profit from their life and help others in return.
6. **International Women's Day- "Gender equality today for a sustainable tomorrow-2022":**VCT Celebrated International Women's Day on 13 March 2022. International Women's Day, 2022 highlighted the Motto: **"Gender equality today for a sustainable tomorrow"**. Rev. Fr. Satish Fernandes the Director of the Vimukti gave a key address saying that 'women live amidst the four walls called a house and a family. In this 21st century, today women need to grow socially, literally, and politically to make known their capacity to the outside world. For a better tomorrow, one has to work today in instilling the seeds of the equality of gender'. On this special occasion recognizing the selfless services rendered by Mrs Amamma Devipura, Mrs Sanjeevamma Dotharabandi, Mrs Nirmala Markamdinni, and Mrs Huligemma Malkapura were honored by Vimukti for their great works for humanity. Nearly 190 women participated in this event. On this day the VCT organized various competitions like rangoli, musical chairs, passing the ball, and lucky games that created an atmosphere of involvement and happiness with one another.
7. **Self-Employment Training Program for the Rural Youths:** VCT organized a self-employment training program for the rural youths at the Vimukti premises. The Vimukti centre is helping unemployed rural youth to generate self-employment through short-term training intervention. The primary objective of the program is to impart quality training programmes in skill development to the rural youth free of cost. Our mission is to make it easy for entrepreneurs to start their businesses. We have helped start and operate 20 entrepreneurs to businesses by offering a range of business services. We aim to help the entrepreneur with the legal regulatory requirements and be a partner throughout the business lifecycle, offering support at every stage to ensure the business remains compliant and continually growing. Nearly 195 rural youth who attended the training benefited from this program.

8. **Distribution of play materials to AWC centers- nearly 500 children in Manvi Taluka benefiting:** **“Play gives children a chance to practice what they’re learning.”** Pursuing the importance of games for children’s life keeping this thought VCT in Distributed play materials to various AWCs. Play materials attract the children to come without missing and spend allotted time joyfully in the centers. As per the decision in the meeting, the play materials were divided equally, packed as appropriate play material bags, and distributed in AWCs at Pothnal, Jennur, Jennurcamp, Tadakal, Udbal, Badlapura, Malkapura, Iralagaddi, and Karabhdinni. The play material bags consisted of cloth toys, plastic vehicles, plastic balls, cloth balls, rings, playing kitchen sets, wooden toys, alphabets, and learning toys, etc. By receiving these materials, the 500 AWC children and the staff expressed their joy and happiness.
9. **International Human Rights Day: “To deny people their human rights are to challenge their very humanity itself”- Nelson Mandela:** VCT Pothnal celebrated international Human Rights Day on 11 December 2021 on its premises. Mr. Charlie in his preliminary speech said that the attainment of human rights is our very birthright. Every human being needs human rights to live in equality. Therefore, our constitution has given a prominent place for human rights. Fr Satish Fernandes, the director who was the chief guest of the program highlighted that every person has his own needs and desires. In the present scenario issues regarding the caste system, food system, equality, etc., are discussed everywhere which is very sad in itself. He emphasized that the foundation of our life is laid on the human rights that are provided in the constitution of our country. The VCT staff Mr Jayasheel, Mrs. Jecinta, Mrs. Shilpa, Ms. Sunanda and Ms. Mamatha were present during the program. Mr. Arogyappa anchored the entire program. Nearly 102 attended and benefited from this program.
10. **A spirit of giving and care permeates this Christmas:** When all the Sponsored children's families from the 16 far-flung villages gathered at the Vimukti facilities for the Christmas programme on December 23, 2021, the holiday spirit was at its height. In the wise words of Saint Mother Teresa, "Not every one of us can do great things. But even little things can be done with great affection. What matters is how much love we put into our offering, not how much we give". Christmas gifts from Ensemble Agissons, France to each family, including a dosa tawa non-stick, Idli pot, hot case set of 3, stainless steel storage hotbox, etc., made over 61 sponsored children exceedingly happy and brought smiles. These little youngsters had delight and gladness on their faces; they had been searching for kindness and love, and the VCT team had this Christmas cheered them up and provided them happiness. "Spirit of Christmas reminded everyone that we should not be blinded by hatred, violence, and injustice but rather become an embodiment of human values- of caring, giving, and spreading compassion and kindnesses," Fr Sathish Fernandes said in a moving Christmas message that the giving of gifts to our kids was a part of the day's colorful programme. Along with an abundance of Christmas candies, the kids received gifts of trousers, shirts, and dresses for girls. The kids did enjoy the lavish brunch after the celebrations.
11. **Five lacs worth of Various Sports materials distributed to the Orphan, Semi Orphan, disabled, AWC & School children, unorganized Youth and Women, in 20 villages of Manvi Taluka:** VCT Pothnal in collaboration with **India-win Sports Private Limited Mumbai** organized programs from 1st of October to 7th of November 2021, in 20 villages of Manvi taluka. the various sports materials,

like T-shirts – 1500; Caps – 150; Cushions – 300; Notebook – 400; Paper bag – 1025; Led glass – 375; Malinga wig – 130; Whistle – 500; Led hat – 180; Wrist band – 500; Led; horns – 225; Buggles – 120; Mini horns – 150; Handkerchief – 150; Umbrella small – 24; Goal net – 2; Line machine with stand – 2; Poncho blue – 65; Poncho black – 65; Photograph bibs – 25; Referee jersey – 6; Football – 20; Stocking – 40; Jio wonderland t-shirt – 133; and the Immunity booster – 100, and other sports materials were distributed to the orphan, Semi-orphan, disabled, School children, AWC centers, Government and Private Schools, unorganized youths, Women in the targeted villages. Nearly 2890 stakeholders got benefited from the program.

12. Jana-Vedike forums timely visits to the AWCs to check the food grain distribution system:

Under the mother and Child campaign, 31 AWC centers of VCT Pothnal were visited by 50 People's forum members. The visit was to find out whether there is proper functioning in all the village AWC centers. The food grains supply, basic resource supply, infrastructure, the members working there, the registration of the children of 3-6 years of age, the information on the total number of Pregnant women, and the registration of Children born, checking the Mother Card, find out the malnutrition in the kids, the quality of the food, find out whether there is the smooth functioning of food grain, eggs supply, mother and child health issues are discussed and find out whether follow up done regularly, the precautions taken to control the fatality rate of the children during or after birth, and so on were screened at length. Monitoring the AWC centers whether they organize time-to-time meetings and gatherings of Mothers, and pregnant women and discuss the various issues related to them.

13. Self-Employment Training: Self-employment training programs have been conducted for the members of Self-Help Groups in the targeted villages. The main objective of conducting this program is to motivate the members to involve in self-employment for their livelihood and to improve their standard of living. It's not enough only, savings money meets the requirement of livelihood. It is necessary to improve the economic conditions of the family by adopting income-generating activities the resource persons suggested the members think creatively and actively in the self-help group and share their skills so that they can collectively run income-generating activities. The session also included a discussion on the goals objectives, functions, and sustainability of the self-help Group.

Annexure I: Various Trainings Organized:

| SL. No. | Topics | Trainings | Beneficiaries |
|---------|--|-----------|---------------|
| 01 | Tailoring Skills and livelihood support to Women | 5 | 120 |
| 02 | Income generation trainings for Women | 51 | 2560 |
| 03 | Safe Village Program (Human Trafficking) trainings | 12 | 2590 |
| 04 | Law and Rights | 20 | 1563 |
| 05 | Entrepreneurship development assistance training Program for the Women | 20 | 2250 |

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|-----------|---|------------|--------------|
| 06 | Unorganized Youth training Leadership, Democracy, Social analysis, Government Schemes, Career Guidance, Constitution, Skill development, Minority rights,Availing welfare schemes, good governance, Conflict management, Panchayath Raj etc. | 47 | 2145 |
| 07 | Counselling and life skill trainings | 18 | 1960 |
| 08 | Government Schemes/ Benefits | 63 | 1573 |
| 09 | Village leaders' trainings | 15 | 640 |
| 10 | Right to Food training | 12 | 248 |
| 11 | Right Based Approach | 11 | 829 |
| 12 | Training to Farmers | 8 | 168 |
| | Total | 282 | 16646 |

X. Child Welfare Programmes

- 14. Vimukti Club children took out HIV/AIDS awareness rally:** VCT children parliament and club children Pothnal organized an awareness rally at Malkapur Village, on the occasion of World AIDS day to make the public aware of HIV/AIDS, drug abuse, human trafficking, child abuse, malnutrition, to stop open defecation, etc. the rally started around 10.30 a.m. from Government primary school and children and staff used placards, posters, slogans and flex to make the public aware. Mr Ravi raj Sagar Malkapura school teacher said in his speech HIV caused AIDS and interfered with the body's ability to fight infection. If detected early, regular consultation and proper treatment will help in fighting infection and allows a patient to live longer. The awareness rally helps people to know about the disease, its symptoms, and prevention methods. The children gathered for the rally took a pledge to fight against the dreaded disease. The parliament and club children, school teachers, and Vimukti staff altogether 110 stakeholders participated in the awareness rally.
- 15. Role of Vimukti Children's Club in the safeguarding of children from School dropouts and fun-based educational outreach:** The VCT children Club is a local forum of the village children, where they come together to learn, share and plan their schooling or skills. Every child in the area is invited to come along and take part in educational and recreational activities that are completely free. They are supervised by a volunteer leader who has been trained by VCT. The children clubs bolster the young children, and encourage their development all with the goal of improving their well-being, in all VCT targeted village child clubs are formed depending on the number of children. The clubs are conducted once a week or as per the decisions of the children. The children are given various kinds of training and motivational sessions about their rights, life, health, and education. The children may go to different schools but in the clubs, they come together and share their experiences. They develop their personality, gain leadership skills and improve decision-making skills. Through a combination of games, songs, theatre workshops, and reading traditional tales, the children have a great time whilst learning and applying lessons that are useful in daily life, gradually growing in their roles as future citizens. 572 children are benefiting from these clubs.

- 16. Formation of Adolescent Girls Clubs:** Adolescence is a crucial phase in the life of a woman. This stage is an intermediary between childhood and womanhood and it is the most eventful phase for mental, emotional, and psychological well-being. The life-cycle approach for holistic child development remains unaddressed if adolescent girls are excluded from the developmental programmes aimed at human resource development. Keeping these thoughts in mind VCT Pothnal has formed adolescent girls' clubs in various targeted Schools of Manvi taluka and their main objective is to educate and guide the adolescent girls to understand, and accept the physical maturity and emotional changes they undergo. They also need to take good care of themselves during this period avoiding all kinds of fear and superstitious beliefs, prevalent in the villages. They must know their rights to save themselves from child labour, child marriage, child trafficking, school dropout, etc. Nearly 650 girls, who profited from the programme expressed that they were ignorant about these things and were happy to be members of this *Adolescent girls' club*.
- 17. Death of parents due to Covid-19 deprived 65 children in Raichur District not only of their presence but also leave them dependent on their relatives, VCT supported by distributing food, education, and hygienic kits:** The VCT Pothnal has soothed humanity by reaching out to the 65 children, who had lost their parents due to the CORONA VIRUS. When the entire world was threatened by COVID-19, nations were left in dilemma to face this fearful pandemic with its fast spread all over the countries just to close themselves in. In this dire situation, the VCT gathered the information and identified the diseased parents of children below 18 years old. Through continued counseling sessions they were able to bring them out of the traumatic experiences of the loss of their parents. In assisting them to face life they were encouraged by giving them the Educational Kit according to their need, a hygienic Kit, and the Food Kit. By boosting their inner and mental health VCT has worked towards the upliftment of these children.
- 18. Vimukti children parliament members organized Swacch Abhiyan Campaign- “Keep School premises Clean”:** Cleanliness is next to Godliness, we all know. We also know that a journey of thousand miles starts with a single step. Keeping this thought in mind the VCT children-parliament team with the collaboration of school children conducted a cleanliness campaign to maintain the school environment clean neat, and tidy. The objective of this campaign was to make the children realize that action speaks louder than words and it is good to act rather than merely complain. Accordingly, the campaign was well planned and executed with the cooperation and support of the school children. Through the campaign, this awareness was created in nearly 170 children.
- 19. Memorandum submitted to Utakanoor Panchayath President in demanding to conduct Children Grama Sabha without delay:** VCT children parliament members along with club children from the Pothnal area submitted the memorandum, demanding concerned Panchayath president to conduct Children Grama Sabha without delay. After several reminders to the concerned authority, have not given attention to the burning issues, as a result, Children's parliament members identified the major issues, discussed it in their meeting, and took it to the Vimukti staff. Surprised by the initiatives of the children Vimukti staff supported and engaged this matter with the concerned authority. Children approached the Panchayath president and pressed him to take the earliest action and solve the problems especially, clean drinking water, toilet, playground, play materials, and compound walls

should be provided on the school premises. The school headmaster, teachers, SDMC members, and VCT staff applauded and encouraged children in this great venture.

20. National Constitution Day Celebration: VCT Pothnal organized the National Constitution Day Celebration at VCT Premises on 26th November 2021. On this occasion, as an important part of the celebration, all the gathered students took the pledge of the Preamble. The speaker of the day emphasized the importance of Constitution Day, and the significance of its celebration and commemorated the people who contributed to the development of the Indian constitution. He highlighted the basic differences between the Indian Constitution, and that of other countries with examples indicating the prerequisites of the Constitution such as societal, familial, and individual needs. The session ended with an interactive session that lasted for almost half an hour, where the audience shared and cleared their doubts with the chief guest. The session was attended by 101 students.

21. Personality Development workshop for Sponsored Children: *“Activity Based training to make Children achieve their dream and aspirations”* the seeds of success are sown at the teenage. It is the age of dreams and aspirations. It is the age of the possible. It is also the age of uncertainty and doubt due to many physical and emotional changes taking place in a teenager. It is the right time to build foundation of success in a man. The balance lacks the right attitude, self-confidence, and communication skills required by organizations.

VCT has stepped in to fill this gap by catching them young (i.e., in their teenage). The personality development workshop for sponsored children to become super teens workshop provided by the VCT is an activity-based personality development programme that lays the foundation of success for an individual. The program trains the teenagers, through the process of learning by doing, on the power of a positive attitude, improving self-esteem/self-confidence, setting & achieving goals, effective communication, and teamwork, public speaking & personal grooming. Activity-based training to make our children achieve their dreams and aspirations. Nearly 130 children and parents attended and availed the benefits of the camp.

XI. Vimukti CHILDLINE (1098): An Emergency Child Helpline Service

22. CHILDLINE at RAICHUR: CHILDLINE in Raichur is established to assist to all children who need care and protection in the city. The service is provided through a toll-free 24-hour emergency phone service (1098). It aims to respond not only to emergency needs but also to link them to various services established for their long-term care and rehabilitation. CHILDLINE has been designed to act as a crucial link between children in need of care and protection and the available facilities. This one-point contact is meant to facilitate instant access to support, advice, and active intervention. This year the CHILDLINE, Raichur was able to handle **2853** cases.

23. CONNECTING To CHILDREN CHILDLINE services are not only playing the role of listening child but also strengthening the existing National Child Protection Mechanisms.

Annexure II. CHILDLINE Call Statistics

| Sl. No | Particulars | Reach Out (Intervention) |
|--------------------|--|-----------------------------|
| 1. | Children whose families are in crises | 210 |
| 2. | Hostel facility | 81 |
| 3. | Missing children | 25 |
| 4. | Runaway children | 15 |
| 5. | Children affected by physical / sexual / emotional abuse in family, schools or institutions and who need emotional support, counselling and guidance | 264 |
| 6. | Drop out children | 165 |
| 7. | Child labourers working in the un-organized and organized sectors | 325 |
| 8. | Providing School facilities | 182 |
| 9. | Street children | 89 |
| 10. | Medical facility | 265 |
| 11. | Domestic help, especially girl domestics | 28 |
| 12. | Child Marriage | 253 |
| 13. | Differently abled children | 139 |
| 14. | child trafficking | 71 |
| 15. | Children abandoned by parents or guardians | 25 |
| 16. | HIV/ AIDS infected children | 46 |
| 17. | Children who are victims of substance abuse | 83 |
| 18. | Children in conflict with the law | 10 |
| 19. | Beggary | 475 |
| 20. | Child victims of the flesh trade | 04 |
| 21. | Corporal punishment | 85 |
| 22. | Identified/unidentified death calls | 4 |
| 23. | Miscellaneous | 9 |
| Grand Total | | 2853 |

Annexure III -Training Organized

| SL. No. | Topics | Trainin gs | Beneficiaries |
|---------|--------------------------------------|---------------|---------------|
| 01 | Child Rights training | 12 | 600 |
| 02 | Adolescent girls' training | 10 | 300 |
| 03 | Makala Gram Sabha trainings | 3 | 750 |
| 04 | Leadership training for the children | 1 | 60 |

| | | | |
|----|--|-----------|-------------|
| 05 | Child protection acts: - The protection of children from sexual offences act, 2012, the right of children to free and compulsory education act, 2009, juvenile justice (care and protection of children) act 2015, child labour (prohibition and regulation) act 1986, the child labour (prohibition and regulation) amendment act, 2016, child labour amendment act, 2006, bonded labour system (abolition), prohibition of child marriage act, 2006, immoral traffic prevention act, 1986 to BEOs, CDPOs, CRPOs, Head Masters, Teachers, Supervisors, AWC workers, Tahsildars, Revenue inspectors, village accountants, PDOs, Hostel wardens, all minority and backward communities, child welfare officers, GP, SDMC members etc. | 56 | 3560 |
| | Total | 82 | 5270 |

XII. PROJECT “HEALTH FOR ALL”

24. Mobile Health approach: India’s population living in urban marginalized and rural regions have no or limited access to hospitals, and other health institutions. People have to miss work and walk long distances to access health care services. Delivery of primary health care at these regions is very poor. Many of those health facilities are also under-equipped lacking trained personnel and necessary equipment and supplies. Moreover, government community health interventions do not achieve desired results because their sole focus is on the service delivery component. Preventive and promotion of healthcare aspects are largely ignored: to the detriment of the overall well-being of the community. Therefore, the VCT seeks to strengthen community awareness, sensitization, and health education to prevent diseases and support well-being. The VCT services operate on the principle of **3ps: prevent disease, prompt treatment, and promote health**; facilities access to health care in the community through mobile health approach.

25. Distribution of Nutritious Health Product (food) for the Malnutrition Children: The VCT Pothnal organized the distribution of the Nutritious Health Kit for the selected malnutrition children. Realizing the need and caring for the children’s health we are distributing the Nutritious Health Kit. Mrs. Shilpa, VCT staff Nurse explained the usefulness and effectiveness of consuming these tablets daily. Present-day hospitals no doubt find many ways to make money. So, we need to be careful in taking care of our well-being and especially that of our children too. Children are easy victims of sickness due to their weaker immune systems. Hence, provide healthy food to build up the immune system of the children. All the participating children were given free “Kids Vitty Maxx” nutrition tablets. Mrs Jacintha, Muddanagudi, and Ms. Mamatha were present on the Dais, while the program was organized by Mr Jayashila, Dotharabandi.

26. Awareness and Behavior Change Communication: An important sub-goal of the intervention was to create awareness amongst the community and bring about a change in various aspects of nutrition, health, and hygiene through behavioural change communication (BCC), appropriate training, and

counseling. To complement treatment provision, the Vimukti mobile health comps impart health education and sensitize the community on preventive and health promotion. These camps are aimed at generating awareness of prevalent health risks, diagnosis, and treatment of illnesses and conditions as well as providing timely referrals to health services. Specialized health check-ups were organized for TB, Malaria, Anemia, Diarrhea, worm infestation, skin infections, and communicable diseases such as STDs/ HIV.

27. Under Privileged Rural children: The VCT has been striving to advance kids' health and education in several Raichur district villages in Manvi Taluka. Even though the community has come to trust and respect the VCT, the field teams still face several difficulties, including encouraging kids and teenagers to attend school, addressing their general, mental, and reproductive health concerns, and preventing violence and sexual abuse, especially child marriages, child dropout rates, and human trafficking, which are pervasive in the area.

The VCT doorstep medical services have been providing timely treatment and health promotion services to the 28 targeted village communities. In **2021-2022**, a total number of 22 health camps were organized in 28 villages of our working area covering **1080**-Female adolescent girls-**280** ANC/PNC- **258** children-**4870**elderly people-**1230** and sponsored children's families- **85**and the total beneficiaries are **7,718**. Nearly, 152 were assisted in getting various facilities from the health department, and treatments were completed.

28. Community youth mobilized to donate blood: “Your blood donation can give a precious smile to someone's face.” The greatest wonder and accomplishment of a human being is to recognize the need of the moment and serve the needs of the people. The VCT has been executing initiatives for the welfare and advancement of the people in this area, responding to the various goals. At the Vimukti premises in Pothnal, VCT held blood donation drives in collaboration with the Taluka Health Department, the Family Welfare Society, and the RIIMS Blood Bank unit in Raichur. The campaign was also designed to raise awareness of the value of voluntary Blood donation in rural areas. The motto of VCT has always been "Give Blood-Save Life." As a result, we can help many of the poor people in our community. We should be able to act on our initiative. An acknowledgment certificate was given to the donors.

29. Key Achievements of the Mobile Health clinic:

- ❖ 22 outreach activities, including health education sessions, group meetings, and one-on-one counselling sessions, were held to improve the health status of vulnerable female adolescents who lived and worked close to the intervention region.
- ❖ 280 teenage girls in all received health care and sensitization about adolescent body changes.
- ❖ The mobile health clinic facility provided primary health care services to 1080 low-income individuals, 75% of whom were female.
- ❖ A health message about maternity and child health, sanitation, infectious and non-communicable diseases, social challenges, etc. was delivered to 231 people.
- ❖ Periodic medical screening camps for the underprivileged and economically disadvantaged on diseases like TB, polio, skin burns, Malaria, and chikungunya, among others. Ongoing education about personal hygiene and child healthcare, including promoting

- ❖ A total of **280** adolescent girls were sensitized to adolescent body changes and treated for health conditions.
- ❖ **8371** poor people availed primary health care services from the mobile health clinic facility, among which **75%** were women.

Annexure IV -Health Training Organized

| SL. No. | Topics | Trainings | Beneficiaries |
|---------|---|------------|---------------|
| 01 | Blood Donation camps | 2 | 60 |
| 02 | Disabled health-check-ups | 2 | 35 |
| 03 | Health awareness trainings | 36 | 1440 |
| 04 | Importance and Preparation of Nutrition food | 15 | 890 |
| 05 | Communicable and Non communicable Diseases | 3 | 221 |
| 06 | Herbal medicine trainings | 12 | 259 |
| 07 | Antenatal and Postnatal care trainings | 36 | 910 |
| 08 | Prevention of Malnourishment & Promotion of Home Remedies | 13 | 586 |
| 09 | Various Government Health services/ Benefits | 28 | 2530 |
| 10 | Free Medicine, Nutrition food distribution to the Poor orphan, HIV/AIDS, disabled Children, MAM (Moderate acute Malnutrition) children SAM (Severe acute malnutrition) children, post-natal mothers, ante-natal mothers, senior citizens etc. | - | 1440 |
| | Total | 147 | 8371 |

XIII. Ongoing Programmes:

- 30. Educational Strength:** Education is crucial for a society to advance, and the VCT organization is committed to making sure every child gets the education they need. According to studies, illiterate societies tend to be violent and intolerable. On the other hand, a culture that values education encourages people to take action that benefits their own lives, their families, their communities, and the wider globe. Everyone must support and assist youngsters in pursuing their education. With initiatives for their education, health, and self-employment, we specifically focus on the welfare and education of impoverished women and girls, including those from rural communities, so they can live with dignity and security. With the introduction of our "Education is Strength" Initiative, we have begun transforming the lives of youngsters. The initiative's goals are to offer textbooks, school uniforms, and fees for low-income kids. The initiative ensures that well-deserving kids are not prevented from achieving their aspirations by providing merit- and need-based scholarships.
- 31. Self-Help Groups:** The goal of this intervention is to go beyond generating revenue and give rural livelihood providers the information and skills necessary to make wiser financial decisions. Additionally, it gives them quick access to microcredit and details on pertinent government programmes they can take advantage of. We are able to inform and empower the members of these groups through the involvement of financial specialists.

- 32. Non formal Education:** VCT works with underprivileged, semi-orphaned, and immigrant children; its educational role is not immediately apparent. However, activities include impromptu games, just hanging out as a group, or planning various social skill exercises, social values, conventions, etc. Additionally, VCT offered a range of services, including recreation, counseling, play-based instruction in reading and writing, and sketching. 152 kids have been enrolled in the district's various schools so far this school year.
- 33. Vimukti free tuition Centers in the villages:** *“Education has to produce the perfect man, sound in character, active in mind and strong in the body”* says Plato. No matter a person's age, caste, class, creed, gender, religion, area, or other characteristics, we all agree that education is extremely important. Education is integral to life and has merged with other necessities like food, shelter, and clothing. When children in our communities reach the eighth standard, free tuition is meant to augment their education and raise their academic standing so they can compete with students from developed urban areas (at the age of 13). The transition from rural to urban secondary education frequently causes truancy (drop-out) and melancholy. Independent of their physical location, access to quality education is still difficult for many village children because they are financially strapped. Up to this point, 670 kids from standards 1 to 10 who come for the tuition and benefited from the programme
- 34. Vimukti Sponsorship Programme aims at Shaping a positive future for Children from Marginalized Communities:** The Vimukti Pothnal Sponsorship programme seeks to provide a bright future for young people from underprivileged backgrounds who struggle to meet their fundamental needs. Even while VCT works with many kids in the neighborhood, we have found that kids who have one or both of their parents are among the most vulnerable. Although many orphaned children are adopted by extended families, this often results in the youngsters having to leave childhood behind because of the additional strain on the family's resources. The best possible start in life is given to their kids through the VCT sponsorship programme. Quality education is now essential in today's increasingly globalized world for kids to advance and give at least one youngster a chance for a better life.
- 35. Recreation and Relaxation:** Believing in the words of Aristotle *“educating the mind without educating the heart is no education at all”*. The time they spent having fun was incredibly fruitful since it allowed them to form friendships, mingle, and share their joy and hilarious stories. It was also a chance for them to renew their spirits and minds. They became intelligent and spirited thanks to the group activities they engaged in during their leisure time. Outings and picnics were relaxing.
- 36. Co-Curricular activities:** They were given additional opportunities to develop their skills and make them manifest in addition to opportunities to advance intellectually and spiritually. On Talents Week, many competitions were held; these kinds of occasions aided in the development of their overall energy, self-assurance, and expertise. They also had other opportunities while boarding to go to motivational speeches and conferences, which helped them become more aware.
- 37. Counselling:** For sponsored families, dropout families, trafficking and child abuse families, and children attending government schools, VCT Pothnal offers counselling sessions to encourage them to study and assist them in overcoming test anxiety, lack of focus, poor memory, etc. 54 kids benefited from this programme this year.

- 38. Free workshops:** VCT Pothnal offers several free programmes aimed at uplifting rural youth organisations and students. Working with economically disadvantaged children, kids attending public schools, and unorganised youth in rural areas, VCT offers workshops, training, and awareness campaigns to promote social change. To offer seminars on topics like personality development, positive psychology, health and hygiene skill development, etc., organisation staff travels to different schools and villages. The total development of children and teens is the emphasis of these programmes.
- 39. Personality Development:** The improvement of awareness and identity, the development of talents and potential, the creation of human capital and facilities for employability, the improvement of quality of life, and the contribution to the realisation of dreams and aspirations all fall under the umbrella of personality development. The idea encompasses both official and informal efforts for helping others grow and is not just confined to self-help. A mature and wise person can have a rich and content life because they know how to maximize their potential. At the VCT, we assist individuals in creating a fully formed, mature, and composed personality. The major subjects covered in these seminars are developing self-discipline, changing habits, self-esteem development, effective communication, strengths and weaknesses, self-motivation, self-understanding, positive thinking, and happiness.
- 40. Vocational Training:** For rural women, tailoring is a very good source of income. In addition to their regular domestic duties, they also work extra hours at home during their free time, raising their family's income and standard of life. 145 girls and women received training, improved their sewing and cutting abilities, and became self-reliant.
- 41. Preparing adolescents to be better adults:** To promote their mental and physical hygiene and help them grow into healthy adults, the project arranged numerous courses for adolescent boys and girls on many topics linked to the adolescent stage of life. The many facets include stress management, problem-solving abilities development, positive thinking, sexual and reproductive health, interpersonal relationships, time management, and raising responsible kids at home, school, and in the community, etc. This programme has assisted close to 1258 kids.
- 42. Media Reports:** VIMUKTI's initiatives have been reported by the media more than 198 times in an entire year for its various innovations, meetings, and collaborative initiatives. This has created ample visibility about the issues and the organization itself, which leads to substantial support for the welfare of street children.

43. Conclusion:

A Word of Heartfelt Gratitude...

"A consistent and heart-filled effort to completion is the foundation of excellent work"- Benjamin Watson. It was undeniably the dedication and support of the Vimukti employees, volunteers, peer educators, and community members have led us to walk the untrodden paths. The VCT Organization and all other project stakeholders extend their appreciation to all funders, local benefactors, and well-wishers. Because of their prompt assistance and instruction, the adage "actions speak louder than words" has been shown to be true. Thank you very much for joining us in our goal to reach out to the unreached. It's merely to remind you that without your help, we're nothing. Every

drop of effort contributes to the success of the Organization. Today, your support has assisted us in reaching our objective. Our children, teens, and women can smile because of your assistance and sponsorship.

Our efforts are increasingly being supported by Very Rev. Dr Fr Alwyn Dias the President and all the Trustee members. We are immensely grateful for their continuous support, visits, and timely interventions. The Trust remains indebted to all the donors, local benefactors, and well-wishers for their generous contribution to the growth of the project, who desire a better life for their lesser privileged co-citizens. The VCT works to touch the lives of underprivileged children, unorganized youth, and marginalized communities, from Raichur District- in several ways as explained in this report. In gratitude and gratefulness, let us continue this partnership in **‘reaching the unreached’** for those who are hardly visible in the mainstream.

Place: Deva Seva Ashrama, Bangaluru

Fr MaximD silva
Secretary

Annexure V: Availing Government Facilities& Organizational Impact

| Sl · N o | Achievements | Total | Value | Reach Out | |
|-------------------|---|-----------------|-----------------------|---------------|---------------|
| | | | | Male | Female |
| 1. | Caste Income/ Death Certificate/ Birth Certificate | 135 | | 48 | 87 |
| 2. | New voter ID | 256 | - | 130 | 126 |
| 3. | MGNREGA/ Job Cards | 2589 | - | 1009 | 1590 |
| 4. | Students Scholarship, Government Sponsorship | 809 | 16,18,000.00 | 355 | 454 |
| 5. | LPG Gas Provided from Forest Department | 15 | 1,12,500.00 | 0 | 15 |
| 6. | Disabled Card /Pension/Bus Pass/ | 21 | | 09 | 12 |
| 7. | Adhar Card/Ration Card/Senior Citizen Card/Identify Card/ Yashaswhini Card/ Student Pass/PAN Card | 824 | - | 438 | 386 |
| 8. | Mathru Vandana | 81 | 4,86,000.00 | - | 81 |
| 9. | JSY | 23 | 13,800.00 | - | 23 |
| 10 | Constructed New houses | 04 | 7,40,000.00 | - | - |
| 11 | Widow Pension/ Old age Pension | 16 | 1,92,000.00 | 9 | 6 |
| 12 | Thayi Card | 42 | - | - | 42 |
| 13 | Construction of Toilets through the Government Scheme | 36 | 5,40,000.00 | - | 36 |
| 14 | Agriculture instruments schemes | 10 | 10,000.00 | 10 | - |
| 15 | Self-Employment Scheme /Under Dr. B. R Ambedkar Nigam Yojane | 2 | 3,00,000.00 | 1 | 1 |
| 16 | New Bank Accounts (SB)children/ SHG groups | 78 | - | 15 | 63 |
| 17 | Cattle loan for widows | 7 | 6,00,000.00 | - | 7 |
| 18 | Crop insurance | 124 | 14,80,000.00 | 101 | 23 |
| 19 | Petty loans | 3 | 90,000.00 | 2 | 1 |
| 20 | Arogya Karnataka Card, Ashyman Baratha | 45 | 2,25,00,000.00 | 23 | 22 |
| 21 | Bhagya Lakshmi | 08 | 8,00,000.00 | - | 08 |
| 22 | Food kits (Migrant laborers, daily-wage earners, roadside vendors, nomads, small farmers, petty shopkeepers and HIV/AIDS,Devadasi, widow families etc. | | | | |
| 23 | Education kits for orphan, semi-orphan children | 100 | 1,00,000.00 | 50 | 50 |
| 24 | Education (Tuition in 14 villages) | 450 | - | 150 | 300 |
| 25 | Mass Awareness programs, rallies on human trafficking, child rights, child sexual abuse, Dengue, HIV/AIDS, cleanliness, open defection, Tobacco and Alcohol, Child Marriage, Child labor, Communicable diseases, installation of child lines in Schools, Children, Adolescent Girls, AWCs, PHCs, Women- youths, teachers, ASHA, ANM, Supervisor, Line department, Police, Grama Panchayath, SHG Groups, Collage students, Bus Drivers/ conductors, Auto Drivers, market/ bus stop and Railway station, NGOs, Slums-, temple, hostels,CCI, church, judge, press personals, Mosque, community people, and total beneficiariesin 545 villages of Raichur District. | 99,200 | - | 48,452 | 50748 |
| 26 | Memorandum Submission to DC, PDO, THO, etc. (Basic facilities in Schools, Community) | 12,325 | - | 8523 | 3802 |
| 27 | SCSP/TSP/WASH Benefits -20 villages | 850 | 1,00,00,000.00 | 670 | 180 |
| Total | | 1,18,053 | 3,95,82,300.00 | 59,995 | 58,063 |